



## ISOLATION PLANNING TOOL FOR FAMILIES 2022-2023 ACADEMIC YEAR

Furman University's [COVID-19 protocols for the 2022-2023 academic year](#) require that any student who tests positive for COVID must isolate off campus - and students must develop a plan for this with their family in advance. This document is a tool to help families make such plans.

Furman's protocol requires that all symptomatic or infected individuals must isolate promptly, and infected individuals must remain in isolation for  $\geq 5$  days and wear a well-fitting and high-quality mask if they must be around others. Infected individuals may end isolation after 5 days, only when they are without a fever for  $\geq 24$  hours without the use of medication and all other symptoms have improved, and they should continue to wear a mask around others on campus through day 10.

Furman does not guarantee remote access to academic courses and/or any other offerings during isolation. Students must communicate with their individual instructors to develop a plan to make up any missed academic work, as is our normal protocol for other illnesses. Tuition, room, and board charges will not be reduced for students who are required to isolate. Students are responsible for any personal costs and expenses associated with COVID-19.

**Make sure the student's HIPAA release form is signed and on file with the Earle Student Health Center (ESHC).** This will allow the staff there to discuss your student's medical situation (whether COVID or anything else) directly with you. **You should also have your student's Durable Power of Attorney (POA) for Health Care signed and on file with the ESHC.** This will allow you to manage any health care decisions for your student, should they become too ill to make their own medical decisions.

### First steps after student tests positive

1. Do not go to class, work, or dining facilities.
2. Submit the [LiveSafe Health Survey](#) or contact the [Earle Student Health Center](#) (ESHC) (864-522-2000) and await further instructions. **This is REQUIRED by the University.**
3. The ESHC provider will work with your student to determine their isolation timeline. They can also help with communicating your student's situation to professors.

## ISOLATION PLAN FOR \_\_\_\_\_

### COVID-19 Care Kit – pre-plan to equip your student with these items to help during isolation

- N95, KN95, or KF94 masks - while Walmart, CVS, and other nearby pharmacies will have regular disposable surgical masks available, it is difficult to find higher-quality PPE locally. As a high-risk family, we have relied on these online sources for good PPE:
  - [KN95 50-pack 5-ply](#)
  - [KF94 4 layer masks](#)
- Ibuprofen and Acetaminophen - your student can alternate these for reducing fever and for symptomatic relief - note that return to campus requires 24 hours without fever, *without the use of fever-reducing medication*
- Thermometer
- Throat lozenges
- Kleenex
- Anything else that makes your student feel safe, comfortable, and cared for during an illness

### Housing

Your isolation plan will need to include arrangements for housing, as Furman does not provide housing for students in isolation. Campus housing is full, especially since North Village is now being fully renovated over the next several years.

Questions to consider:

- Where can my student isolate off-campus for at least 5 days?
- Where will my student feel safe and comfortable?
- Where can my student isolate without exposing and potentially infecting others?
- Do we have local family and/or friends who might have a spare room for our student?

Our family's local contacts:

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If we don't have local family/friends who could provide isolation housing, where else might my student stay?

### Nearby hotels

The closest hotels to Furman's campus are in Travelers Rest. There are two of them, each about five minutes from Furman's back gate.

[Hampton Inn Greenville/Travelers Rest](#) is clean, quiet, and safe.

It also has the following amenities that can be helpful for a student in isolation:

- free WiFi
- a great hot breakfast spread (one of the best I've had at a Hampton Inn), 6:00a-10:00a
- an outdoor pool
- a small contactless concessions area in the lobby where your student can purchase snacks, drinks, soup, and hygiene items and can pay for them at a digital kiosk
- the Hilton Honors app - (it's free to join Hilton Honors) with an HH account, your student can use their phone as a digital key for their room and not have to have any contact with the front desk for check-in or check-out; they can also share a digital key with anyone who might be coming to check on them or drop off supplies

Check-in is at 3:00 p.m., checkout is at 11:00 a.m.; there are no late checkout fees. Note that if your student is under 21, the room will need to be registered in your name.

*Depending on the time of year, it can be difficult to secure accommodations in this hotel for a full 5 days (or more). It's small and it books up quickly during move-in, family weekend, and other Furman-related events.*

[Best Western Travelers Rest/Greenville](#) is where we had to put our student for the first two nights of his isolation because it was available on short notice and the Hampton Inn (where my family and I were staying) was booked due to move-in weekend.

[Airbnb](#) - there seem to be a good number of nice Airbnb options in Travelers Rest.

If your child has a car or if someone is able to drive them a bit farther, there are many more hotel options in Greenville proper, some of which may offer a Furman discount. [Here's a list of Greenville hotels on Furman's website](#) (two of these hotels are the Travelers Rest hotels listed above). Other hotels can be found through your preferred online travel platform or hotel chain website. I'd recommend keeping a list of a few places that look good to you and your student in case they need to isolate. You will have to make accommodation decisions immediately and will not want to spend time researching at that point.

Local hotels and/or Airbnb where our student might isolate:

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## Meals

Your isolation plan will need to include arrangement for meals, as Furman does not provide meal support for students in isolation.

What meal support options are there for my student?

Furman friends who could drop off food from Furman's dining hall. Your student can arrange with Dining Services for a friend to use their Furman ID to get food for them. Email [tony.mcguirt@furman.edu](mailto:tony.mcguirt@furman.edu) to make arrangements.

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What Furman groups is my student involved in that could potentially help with meal support? (ex.: religious, social, Greek, athletic, service, study groups, etc.)

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Is my student involved in a local church, synagogue, Islamic center, temple, or other local religious organization with adults or families who could drop-off home-cooked meals? Most congregations would be happy to coordinate some kind of meal support for a student member/participant in this situation. It helps to have a plan lined up in advance so you know whom exactly to ask.

Name and phone number of congregation: \_\_\_\_\_

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Name, phone number, and email of congregational leader to contact for this kind of support:

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There are lots of great restaurants in Travelers Rest, as well as regular chain options, that will work with contactless delivery by [UberEats](#) or [DoorDash](#), though of course this gets pricey over five days. You can easily order food for your student from afar (and of course, they can order for themselves). If you have friends asking how they can help while your student isolates, this is an easy thing to ask for - gift cards from UberEats or DoorDash.

A few of my student's favorite area restaurants that work with UberEats or DoorDash:

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You can also use [Instacart](#) or [WalmartPlus](#) (with a membership) to order/send snacks and drinks to your student.

A few of my student's favorite snacks and drinks:

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### **Transportation**

Furman does not provide transportation for students who require isolation. If your student does not have a car on campus, you need to be prepared for how your student will be taken off campus for isolation as well as for how they will return to campus when their isolation is over. Your student will need to wear a high-quality, well-fitted mask for any rides. The driver ought to also wear a mask, and, if possible, drive with windows open in order to avoid exposure.

Furman friends with cars who could drop off and/or pick my student up from isolation:

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Who else could drive my student to and/or from campus for isolation?

Our family's local contacts who could provide transportation:

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This is also something some congregations might be able to offer support with. Reach out in advance to find out if they do and who to contact if/when needed.

Name and phone number of congregation: \_\_\_\_\_

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Name, phone number, and email of congregational leader to contact for transportation support:

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### **Someone to check on my student**

The hardest part of having to put my student in isolation off campus was the idea of him being all by himself while sick.

Look through the lists you've made above - the support your student can have for housing, meals, and transportation - and see who is on those lists who could routinely reach out to check on your student

and be prepared to take them for additional care at the ESHC or local hospitals/doctors if necessary. With my student resting so much, he didn't always respond to texts or phone calls when I reached out. You might want to make sure there is someone who can physically go over to your student's isolation housing just to stand outside their room, knock, and make vocal contact through the door to make sure your student is okay and to see if they need anything. If it were me, I would make sure to have this lined up for once a day, for five days. Secure these contacts in advance so that if your student has to isolate, these contacts will be ready to step up and do this.

Five local contacts (at Furman or in the local community) who would be willing to each go check on my student one time:

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### **Return to campus**

Your student can return to campus after 5 days of isolation, provided all symptoms have resolved and they have been fever-free without medication for at least 24 hours. If your student is still symptomatic, they will have to remain in off-campus isolation. Your student should stay in touch with the ESHC about their status.

Once your student returns to campus, they will have to continue to wear a mask through day 10 (the ESHC provider will work with them on the timeline). If their roommate was with your student prior to their testing positive, the roommate will also have been instructed by ESHC to mask for 10 days. When your student returns to campus, this means that they and their roommate will both need to mask in their campus housing through day 10. They do not need to mask while sleeping.

### **Student Life Office**

If you have additional questions, do not hesitate to contact the Student Life office at (864) 294-2202.