

**Meghan M. Slining, Ph.D., M.P.H.**  
**Curriculum Vitae**  
Updated March 2026

**EDUCATION**

- 2010            Doctor of Philosophy. Nutrition Epidemiology.  
University of North Carolina at Chapel Hill, School of Public Health.
- 2006            Masters of Public Health in Epidemiology and Biostatistics.  
Tufts University, School of Medicine.
- 2006            Masters of Science in Food Policy and Applied Nutrition.  
Tufts University, Friedman School of Nutrition Science and Policy.
- 1998            Bachelor of Arts in Multicultural Health Advocacy.  
Western Washington University, Fairhaven College.

**PROFESSIONAL ACADEMIC APPOINTMENTS**

- 2025-present    Professor  
Health Sciences  
Furman University
- 2018-2025      Associate Professor  
Health Sciences  
Furman University
- 2013-2018      Assistant Professor  
Health Sciences  
Furman University
- 2013-present    Adjunct Assistant Professor  
Department of Nutrition  
School of Public Health and School of Medicine  
University of North Carolina at Chapel Hill
- 2012            Adjunct Assistant Professor  
Public Health Studies  
Elon University
- 2010-2013      Research Assistant Professor  
Department of Nutrition  
School of Public Health and School of Medicine  
University of North Carolina at Chapel Hill

## HONORS & AWARDS

- 2020 Meritorious Advising Award, Furman University
- 2018-2019 Senior Reflection Fellow, Furman University
- 2018-2019 Senior Community Engaged Learning Fellow, Furman University
- 2017-2018 Reflection Fellow, Furman University
- 2017-2018 Community Engaged Learning Fellow, Furman University
- 2016 Faculty Development Committee Award for Mindfulness-Based Stress Reduction Training, Furman University
- 2015 Chiles-Harrill Award for Excellence in Mentoring Undergraduate Students, Furman University
- 2014 Rinker Travel Fellow, Furman University
- 2014 Faculty Development Committee Award for Creating Mindful Campuses Conference, Furman University
- 2013 Faculty Development Committee Award for Contemplative Pedagogy Summer Session, Furman University
- 2011-2013 NIH Loan Repayment Program Recipient, NCCR Pediatric Extramural
- 2010 A. Hughes Bryan Outstanding Doctoral Award, University of North Carolina at Chapel Hill
- 2009 Young Investigator Award, International Society for the Developmental Origins of Health and Disease
- 2009 Wrigley Research Institute Predoctoral Fellowship, American Society of Nutrition
- 2009 Travel Grant Award, International Union of Nutritional Sciences (IUNS)
- 2008 Maternal and Child Obesity Training Grant, National Institutes of Health, University of North Carolina at Chapel Hill
- 2008 Ethan Sims Young Investigator Award Finalist, The Obesity Society
- 2006 Nutrition Training Grant, National Institutes of Health, University of North Carolina at Chapel Hill
- 2006 Share Our Strength Community Leader, Washington DC

2005-2006 Albert Schweitzer Fellow

2005 Most Outstanding Capstone Project, Tufts University School of Medicine

## **PUBLICATIONS**

\* Indicates that the first author is a student

† Indicates that I am the senior author.

### **Publications: Refereed Journal Articles**

1. \*Gutierrez A, **Slining M**, Goode R, Butler L. (2026) Do intentional weight loss strategies differ according to race and ethnicity among women in the United States? Findings from the National Health and Nutrition Examination Survey (NHANES) 2007-2018. *Journal of the Academy of Nutrition and Dietetics*. Under Review.
2. \*†Jacobsen A, Knowles Gilchrist A, **Slining M** (2026) Understanding weight-inclusive care: Health practices, policies and environments in Southern liberal arts colleges. *Journal of American College Health*. Jan 6: 1-5. doi: 10.1080/07448481.2025.2607135
3. \*†Kinderknecht K, The N, **Slining MM**. (2024) Whose plate is it? Equity Considerations of awareness of MyPlate among US adults over time since implementation. *Journal of the Academy of Nutrition and Dietetics*. 2024 Mar 28:S2212-2672(24)00144-8. doi: 10.1016/j.jand.2024.03.011.
4. **Slining MM**, Fair M, Penkert LP, Wills S, Smyers J, Korn AR, Rusnak S, Knobel S. (2022) Development of a Community Coalition to Influence Nutrition and Physical Activity in Early Childhood Education. *Progress in Community Health Partnerships: Research, Education, and Action*. 16(1):37-44.
5. Cass AL, **Slining MM**, Carson C, Cassidy J, Epright M, Gilchrist A, Peterson K, Wheeler J, The N. (2021) Risk management of COVID-19 in the residential educational setting: lessons learned and implications for moving forward. *International Journal of Environmental Research and Public Health*. Sep 16;18(18):9743. doi: 10.3390/ijerph18189743.
6. **Slining M**, Wills S, Fair M, Stephenson J, Knobel S, Pearson M, Protsko T, Smyers J, Timberlake J, Negrete M. (2021) LivingWell in early childhood: results from a two-year pilot intervention to improve nutrition and physical activity policies, systems and environments among early childhood education programs in South Carolina. *BMC Public Health* May 13;21(1): 919. doi: 10.1186/s12889-021-10975-7.
7. Benjamin-Neelon SE, Neelon B, Pearce J, Grossman E, Gonzalez-Nahm S, **Slining M**, Duffey K, Frost N. (2018) State regulations promoting infant physical activity in early care and education. *Childhood Obesity*. Aug/Sep; 14(6):368-374. doi: 10.1089/chi.2018.0087

8. \*Jaacks LM, **Slining MM**, Popkin BM (2015) Recent trends in the prevalence of under- and overweight among adolescent girls in low- and middle-income countries. *Pediatric Obesity* Dec;10(6):428-35. doi: 10.1111/ijpo.12000.
9. **Slining MM**, Yoon EF, Davis J, Hollingsworth B, Miles DR, Ng SW (2015) An approach to monitor food and nutrition from 'Factory to Fork.' *Journal of the Academy of Nutrition and Dietetics* Jan; 115(1):40-9. doi: 10.1016/j.jand.2014.09.002.
10. \*Jaacks LM, **Slining MM**, Popkin BM (2015) Recent underweight and overweight trends among women in low- and middle-income countries. *Journal of Nutrition*. Feb; 145(2):352-7. doi: 10.3945/jn.114.203562.
11. **Slining MM**, Benjamin Neelon SE, Duffey KJ (2014) A review of state regulations to promote infant and physical activity in child care settings. *International Journal of Behavioral Nutrition and Physical Activity*. Nov 22; 11(1):139. doi: 10.1186/s12966-014-0139-3.
12. Benjamin Neelon SE, Duffey KJ, **Slining MM** (2014) Regulations to promote healthy sleep practices in child care. *Pediatrics*. Dec; 134(6):1167-74. doi: 10.1542/peds.2014-0578.
13. Duffey KJ, **Slining MM**, Benjamin Neelon SE (2014) States lack physical activity policies in child care that are consistent with national recommendations. *Childhood Obesity*. Dec; 10(6):491-500. doi: 10.1089/chi.2014.0096.
14. Ng, SW, **Slining MM**, Popkin BM (2014) The Healthy Weight Commitment Foundation Pledge: Calories purchased by US households with children, 2000-2012. *American Journal of Preventive Medicine*. Oct; 47(4):508-519. doi:10.1016/j.ampere.2014.05.029.
15. Mendez, MA, Sotres-Alvarez, D, Miles, DR, **Slining, MM**, and Popkin, BM. (2014) Shifts in the recent distribution of dietary intake among US children ages 2-18 reflect potential abatement of earlier declining trends. *Journal of Nutrition* Aug;144(8):1291-7. doi: 10.3945/jn.114.190447.
16. Ng, SW, **Slining MM**, Popkin BM (2014) A turning point for US diets? Recessionary effects or behavioral shifts in foods purchased and consumed. *American Journal of Clinical Nutrition*. Mar;99(3):609-16. doi: 10.3945/ajcn.113.072892.
17. \*Poti JM, **Slining MM**, Popkin BM (2014) Where are kids getting their empty calories? Stores, schools and fast-food restaurants each played an important role in empty calorie intake among US children during 2009-2010. *Journal of the Academy of Nutrition and Dietetics* June; 114(6):908-17. doi: 10.1016/j.jand.2013.08.012.
18. Popkin BM, **Slining MM**. (2013) New dynamics in global obesity facing low- and middle-income countries. *Obesity Reviews*. Nov;14 Suppl 2:11-20. doi: 10.1111/obr.12102.

19. \*Poti J, **Slining MM**, Popkin, BM. (2013) Solid fat and added sugar intake among U.S. children: the role of stores, schools and fast food, 1994-2010. *American Journal of Preventive Medicine*. Nov; 45(5):551-9. doi: 10.1016/j.amepre.2013.06.013.
20. **Slining MM**, Mathias KC, Popkin BM. (2013) Trends in food and beverage sources among US children and adolescents 1989-2010. *Journal of Academy of Nutrition and Dietetics*. Dec; 113(12): 1683-94. doi: 10.1016/j.jand.2013.06.001.
21. **Slining MM**, Popkin BM. (2013) Trends in intakes and sources of solid fats and added sugars among US children and adolescents: 1994-2010. *Pediatric Obesity* Aug; 8(4): 307-24. doi: 10.1111/j.2047-6310.2013.00156.x
22. \*Mathias KC, **Slining MM**, Popkin, BM (2013) Foods and Beverages Associated with Higher Sugar Sweetened Beverage Intake. *American Journal of Preventive Medicine* 44(4):351-7. doi: 10.1016/j.amepre.2012.11.036
23. **Slining, MM**, Ng SW, Popkin BM (2013) Food companies' calorie-reduction pledges to improve U.S. diet. *American Journal of Preventive Medicine* 44(2):174–184. doi: 10.1016/j.amepre.2012.09.064
24. \*Ford C, **Slining, MM**, Popkin, BM. (2013) Trends in dietary intake among US children ages 2-6, 1989-2008. *Journal of the Academy of Nutrition and Dietetics* 2013; 113:35-42. doi: 10.1016/j.jand.2012.08.022
25. **Slining MM**, Herring AH, Popkin BM, Mayer-Davis EJ and Adair LS. (2013) Infant BMI trajectories are associated with young adult body composition. *Journal of Developmental Origins of Health and Disease*, February 1; 4(1): 56–68. doi:10.1017/S2040174412000554.
26. Ng SW, **Slining MM**, Popkin BM. (2012) Use of caloric and non-caloric sweeteners in US Consumer Packaged Foods, 2005-9. *Journal of the Academy of Nutrition and Dietetics* 2012; 1828-1834. doi: 10.1016/j.jand.2012.07.009.
27. **Slining MM**, Kuzawa CW, Mayer-Davis EJ, Adair LS. (2011) Evaluating the indirect effect of infant weight velocity on insulin resistance in young adulthood: birth cohort study from the Philippines. *American Journal of Epidemiology* Mar 15;173(6):640-8. doi: 10.1093/aje/kwq435.
28. Wasser H, Bentley M, Borja J, Davis Goldman B, Adair L, Thompson A, **Slining M**. (2011) Infants perceived as 'fussy' are more likely to receive complementary foods before 4 months of age. *Pediatrics* Feb;127(2):229-37. doi: 10.1542/peds.2010-016.
29. Yaemsiri S, **Slining MM**, Agarwal SK. (2011) Perceived weight status, overweight diagnosis, and weight control among US adults: The NHANES 2003-2008 Study. *The International Journal of Obesity*. Aug; 35(8):1063-70. doi: 10.1038.ijo.2010.229.

30. **Slining, MM**, Adair, LS, Borja, J, Goldman, B, Bentley, M. (2010) Infant overweight is associated with motor development. *J Pediatrics*, Jul; 157(1):20-25.e1. doi: 10.1016/j.jpeds.2009.12.054.
31. Cradock AL, O'Donnell EM, Benjamin SE, Walker E, **Slining M**. (2010). A Review of State Regulations to Promote Physical Activity and Safety on Playgrounds in Child Care Centers and Family Child Care Homes. *Journal of Physical Activity and Health*, 2010, 7(Suppl 1), S108-S119.
32. Yaemsiri S, Hou N, **Slining MM**, He K. (2010) Growth rate of human fingernails and toenails in healthy American young adults. *J Eur Acad Dermatol Venereol*. Apr;24(4):420-3. doi: 10.1111/j.1468-3083.2009.03426.x.
33. **Slining, M.**, Adair, L., Borja, J., Goldman, B., Bentley, M. (2009) Infant temperament contributes to early infant growth: A prospective cohort of African American infants followed from 3 to 18 months of age. *International Journal of Behavioral Nutrition and Physical Activity*, Aug 5; 6:51. doi: 10.1186/1479-5868-6-51.
34. Benjamin SE, Taveras EM, Cradock A, Walker E, **Slining MM**, Gillman MW. (2009) State and regional variation in regulations related to feeding infants in child care. *Pediatrics*. Jul;124(1):e104-11. doi: 10.1542/peds.2008-3668.
35. Benjamin SE, Copeland KA, Cradock A, Neelon B, Walker EM, **Slining M**, and Gillman MW. (2009) Menus in child care: a comparison of state regulations with national standards. *J Am Diet Assoc*. Jan; 109(1):109-115. doi: 10.1016/j.jada.2008.10.015.
36. Benjamin SE, Cradock A, Walker EM, **Slining M**, and Gillman MW. (2008) Obesity prevention in child care: A review of U.S. State regulations. *BMC Public Health*, May 30; 8:188. doi: 10.1186/1471-2458-8-188.
37. Chomitz V, **Slining M**, Dawson G, Hacker K. (2009) Is there a relationship between physical fitness and academic achievement? Positive results from public school children in the northeastern U.S. *Journal of School Health*. Jan;79(1):30-7. doi: 10.1111/j.1746-1561.2008.00371.x.

### **Publications: Refereed Book Chapters**

1. **Slining, M.** (2024). A Case for Compassionate Pedagogy: Caring for the Public's Health, Cultivating Sustainable Vocations." In VanLaningham, E. *Called Beyond Our Selves: Vocation and the Common Good*. (Oxford University Press). DOI: 10.1093/oxo/9780197691915.003.0011.

### **Publications: Manuscripts in Progress**

1. **Slining MM**, The N, Bharadwaj V. Beliefs and attitudes related to weight and body size among undergraduate pre-health students (analysis and manuscript draft in progress).
2. **Slining MM**, Bharadwaj V, Cass A, Gilchrist A, Holt E. Descriptive evaluation of weight optional intake protocol in undergraduate university health center (analysis in progress).

### **Publications: Refereed Abstracts**

1. Gutierrez A, Goode R, **Slining M**, Butler L. Differences in Intentional Weight Loss Strategies According to Race/ethnicity Among US Women, NHANES 2007–2018. *Journal of the Academy of Nutrition and Dietetic*. 123 (9), A61
2. Cass AL, The NS, **Slining MM**. (2022) Addressing COVID-19 in the young adult college population utilizing epidemiologic expertise. *Annals of Epidemiology*, 67 (104).
3. \*Poti J, **Slining, M**, Popkin B. (2013) Where are kids getting their empty calories? The role of stores, schools, and fast food restaurants. *FASEB Journal*, 27:110.3.
4. **Slining M**, Popkin B. (2012) Trends in sources of empty calories for 2–18 year olds in the US: 1977–2008. *FASEB Journal*, 26:256.2.
5. Ng SW, **Slining M**, Popkin B. (2012) Sweeteners in the US food supply and the role of fruit juice concentrates. *FASEB Journal*, 26:265.3.
6. \*Smith L, Ng SW, **Slining M**, Popkin B. (2012) Who is Cooking? US patterns and trends on food preparation and consumption of home-cooked food between 1965 and 2008. *FASEB Journal* 26:389.6.
7. \*Ford C, **Slining M**, Popkin B. (2012) Trends in dietary intake among U.S. 2–6 year olds, 1989 to 2008. *FASEB Journal* 26:330.
8. \*Butler J, Miles D, **Slining M**, Popkin B. (2012) Differential dietary intake patterns among 2–6 year olds in the US across race/ethnicity, parental education, and poverty levels. *FASEB Journal* 26:816.2.
9. Wasser H, Bentley M, Borja J, Goldman B, Thompson A, **Slining M**, Adair L. (2011) Infants perceived as ‘fussy’ are more likely to receive complementary foods before 4 months of age. *FASEB Journal* 25:769.27.
10. **Slining M**, Popkin B (2011) Defining and measuring junk foods. *FASEB Journal* 25:348.2.
11. Mathias K, **Slining M**, Popkin B (2011) Trends of calorie sources for US children aged 2–18 years over the 1977–78 to 2007–8 period. *FASEB Journal* 25:348.4.
12. **Slining M**, Popkin B. (2011) Trends in sources of empty calories for 2-18 year olds in the US: 1977-2008. *Obesity*, 19, S43.

13. **Slining M**, Adair L. (2009) Infant length trajectories are associated with adiponectin in adulthood. *Obesity*, 19, S39.
14. Yaemsiri S, **Slining M**, Agarwal S. (2009) Weight perceptions and physician diagnosis are strong predictors of weight loss behavior among adults in the United States: The NHANES 2005-2006 Study. *Obesity*, 19, S214.
15. **Slining M**, Adair L, Goldman B, Borja J, Bentley M. (2008). Infant body size is associated with motor development from 3-18 months of age. *Obesity* 16, S41.
16. **Slining M**, Adair L, Borja J, Goldman B, Bentley M. (2007) Infant activity is associated with relative weight and fatness at 3 but not at 6 months of infant age. *FASEB Journal* 21: A689.

## UNPUBLISHED PRESENTATIONS AND/OR ABSTRACTS

### Invited Oral Presentations

1. Golden J, Hayford M, Pampel R, **Slining M**, Smith M, VanLaningham E. (2022) New Scholarship on Vocation and the Common Good, NetVUE Conference, Dallas, TX.
2. The NS, **Slining MM**, Holt EW, Criss S, Cass A, Reed JA. (2021) The public health major at Furman university: Strengths and opportunities. American Public Health Association Annual Meeting, Denver, CO.
3. Holt E, **Slining M**, McKinnon H, The N, Delfino M, Weeks C, Hunter M. (2021). Leveraging partnerships between academic institutions, clinical care entities, and community outreach groups to slow COVID-19 spread amongst underserved populations. American Public Health Association.
4. Koch K, **Slining M**, Fettig T. Pediatric neuro-oncology parent perspective on aspects of social and emotional support for online application (2020). International Symposium on Pediatric Neuro-Oncology.
5. **Slining, M.** (2016) Evaluation: So What? Keynote presentation at LiveWell Greenville Worship Summit, Greenville, SC.
6. **Slining, M.** (2015) Living Well at Worship. Pastor Appreciation Breakfast, Greenville, SC.
7. **Slining, M.** (2015) Engaging Faith-based Organizations in Health Initiatives. University of South Carolina Prevention Research Center Seminar for Public Health Practitioners, Columbia, NC.
8. Powers, A., **Slining, M.**, The, N. (2015) LiveWell Greenville. Furman University Board of Trustees Meeting, Greenville, SC.

9. **Slining, M.**, Gibson, L. (2015) Living Well at Worship: Successes from Year One. Greenville County Pastors Breakfast, Greenville, SC.
10. **Slining, M.** (2015) Living Well at Worship: A Faith-based approach to health and wellness. The Duke Endowment, Charlotte, NC.
11. **Slining, M.** Liao, MK. (2015) Creating Mindful Moments. Contemplative Pedagogy Weekend Workshop, Danville, KY.
12. **Slining, M.**, Powers A. (2014) Team-based learning applied to Research Methods in Health Sciences. Furman University Faculty Retreat, Greenville, SC.
13. **Slining, M.**, Powers A. (2014) Team-based learning applied to Research Methods in Health Sciences. Keynote Address at Furman University Teaching and Learning Forum, Greenville, SC.
14. **Slining, M.** (2014) Focus Training. Creating a Mindful Campus, Asheville, NC.
15. **Slining, M.** (2013) Evaluation of health promotion in faith-based organizations. LiveWell Greenville Pastor's Breakfast, Greenville, SC.
16. **Slining, M.** (2013) Obesity in the US: Policy approaches for prevention. Biology Seminar Series, North Carolina Central University, Durham, NC.
17. **Slining, M.**, Ng, SW. (2013) Monitoring from factory to fork. Cardiovascular Disease Seminar Series, University of North Carolina at Chapel Hill, Chapel Hill.
18. **Slining, M.**, Ng SW. (2012) Linking data sources. National Nutrient Databank Conference, Houston, TX.
19. **Slining, M.** (2009) Longitudinal Modeling of Infant Growth. Department of Community and Family Medicine, Durham, NC.

#### **Refereed Oral/Poster Presentations and/or Abstracts**

1. Holt, E., Cass, A., Cassidy, J., Hirko, G., Horhota, M., **Slining, M.**, The, N. (2024). Using Institutional Data to Inform Strategic Planning Around Health and Well-Being: Lessons from a Liberal Arts Institution. Conference of the American College Health Association, Atlanta, GA.
2. Kinderknecht KL, The NS, **Slining MM.** (2023). Whose plate is it: Equity considerations of the reach of MyPlate. Accepted for presentation at the American Public Health Association, Atlanta, GA.
3. Holt E., Woo L., Cass A., **Slining M.**, Dhyne P. (2023). A Review of Peer Health Education Programs Delivered in the University Setting: What Works, What Doesn't, and What Research is Still Needed? Poster Presentation. Conference of the American College Health Association, Boston, MA.

4. \*Kleine, K., Chauvin, J., Drewery, M. **Slining, M.** (2016) Living well in early childhood settings: Evaluating the impact of a community-based early childhood obesity prevention project. South Carolina Public Health Association Annual Meeting, Columbia, SC.
5. \*Negrete M., **Slining M.** (2016) Faith-based Health Promotion. South Carolina Public Health Association Annual Meeting, Columbia, SC.
6. \*Kleine, K., Chauvin, J., Drewery, M. **Slining, M.** (2016) Living well in early childhood settings: Evaluating the impact of a community-based early childhood obesity prevention project. INBRE Annual Meeting, Columbia, SC.
7. Fair, C., Powers, A., **Slining, M.**, Butts, L. (2016) Undergraduate public health research in liberal arts contexts: A model of cross-institutional collaboration. Association of Schools and Programs in Public Health Annual Meeting, Arlington, VA.
8. \*Gulley, L., **Slining, M.** (2015) Living Well at Worship: A Faith Based Approach to Improving Health and Wellness. South Carolina Public Health Association Annual Meeting, Columbia, SC.
9. **Slining, M.**, Price, C, Gibson, L., Powers, A., Thurston, C. (2015) Living Well at Worship: A Faith-based approach to improving health and wellness. American Public Health Association, Chicago, IL.
10. **Slining, M.**, Adair L. (2009) Early weight gain is associated with adult insulin sensitivity. Developmental Origins of Adult Health and Disease World Congress, Santiago, Chile.
11. **Slining, M.**, Adair L. E (2009) Early linear growth is associated with adiponectin in adulthood. International Congress of Nutrition, Bangkok, Thailand.
12. **Slining, M.**, Adair L. Clusters of infant growth trajectories are associated with risk of adult overweight The Obesity Society, Phoenix, AZ.
13. **Slining M.**, Adair L. (2008) Early rapid weight gain and overweight in young adulthood. American Society of Nutrition, San Diego, CA.
14. **Slining M**, Adair L, Borja J, Goldman B, Bentley M. (2007) Infant activity is associated with relative weight and fatness at 3 but not at 6 months of infant age. The Obesity Society, New Orleans, LA].
15. **Slining M**, Adair L, Borja J, Goldman B, Bentley M. (2007) Infant activity is associated with infant weight status at 3 months. Society for Reproductive and Perinatal Epidemiology, Boston, MA.
16. Chomitz VR, **Slining M**, Hacker KA. (2006) Is there a relationship between physical fitness and academic achievement? American Public Health Association, Boston, MA.

**Other Unrefereed Works:**

1. \*Boda A, McLaughlin H, Stephenson J, Bascetta M, Fair M, Kazameas M, Wills S, **Slining M.** Healthy Eating Promotion in Early Childhood Settings [Poster, Furman Engaged, Greenville, SC 2020].
2. \*Liu E, Nasoulis V, O’Hara R, Solomon K, Fair M, Kazameas M, Wills S, **Slining M.** Physical Activity Promotion in Early Childhood Settings [Poster, Furman Engaged, Greenville, SC 2020].
3. \*O’Hara R, Solomon K, Fair M, Wills S, **Slining M.** Community-based Obesity Prevention in Early Childhood Settings [Abstract and accepted for poster, INBRE Annual Meeting, Columbia, SC, 2019].
4. \*McLaughlin H, Nasoulis V, Fair M, Kazameas M, Wills S, **Slining M.** Facilitating Healthy Eating and Active Living in Early Childhood Settings [Poster, Greenville Community Health Summit, Greenville, SC 2019].
5. **Slining, M.** Chauvin, J., Drewry, M., Kleine, K., Negrete, M. (2017) Living well in early childhood settings: Evaluating the impact of a community-based early childhood obesity prevention project. Furman Engaged, Greenville, SC.
6. \*Harris, B., Negrete, M., **Slining, M.** (2017) Living well in worship. Furman Engaged, Greenville, SC.
7. \*Gulley, L., **Slining, M.** (2016) Living Well at Worship: A Faith Based Approach to Improving Health and Wellness. Furman Engaged, Greenville, SC.
8. \*Gulley, L. Mulloy, N., **Slining, M.** (2016) Educacion de Nutricion: Health Promotion for At-Risk Faith Communities Wellness. Furman Engaged, Greenville, SC.
9. \*Clark, S. **Slining, M.**, Powers, A. (2016) Cracking the Code for Healthy Eating in Greenville County Schools. Furman Engaged, Greenville, SC.
10. \*Clark, S., **Slining, M.** (2015) Disparities in Childhood Overweight in the Upstate South Carolina. Undergraduate Research Collaboration in Public Health, Greenville, SC.
11. \*Gabor, M., **Slining, M.** (2015) Momentum Bike Clubs: Examining the Feasibility of Community-based Participatory Research in Measuring Interpersonal Influences on Adolescent Health. Undergraduate Research Collaboration in Public Health, Greenville, SC.
12. \*Clark, S., **Slining, M.** (2015) Cracking the Code: What’s for Lunch in Greenville County Schools. Furman Engaged, Greenville, SC.
13. \*Gabor, M., **Slining, M.**, Taylor, D. (2015) The Balancing Act Between Pilot Research and Non-Profit Development. Furman Engaged, Greenville, SC.

14. \*Evans, C. **Slining, M.** (2013) Community based participatory research: Application to houses of worship. Furman Engaged, Greenville, SC.

## GRANTS

### Completed Research:

- 2020-2021      Title: **Community-Based Obesity Prevention in Early Childhood Settings**  
Agency: Research and Professional Growth  
Role: Principal Investigator  
Total Award: \$2,500
- 2019              Title: **Community-Based Obesity Prevention in Early Childhood Settings**  
Agency: NIH INBRE through Furman University  
Role: Principal Investigator  
Total Award: \$15,000
- 2019-2020      Title: **Community-Based Obesity Prevention in Early Childhood Settings**  
Agency: Institute for the Advancement of Community Health, Furman University  
Role: Principal Investigator  
Total Award: \$9,500
- 2018              Title: **Connecting Families Impacted by Pediatric Cancer**  
Agency: Olli Innovation Hour, Furman University  
Role: Principal Investigator  
Total Award: \$1,025
- 2017-2018      Title: **Living Well in Early Childcare Settings: Process Evaluation of a Community-Based Early Childhood Obesity Prevention Project**  
Agency: Furman University: NIH IDeA Network for Biomedical Research Excellence  
Role: Principal Investigator  
Total Award: \$5,000
- 2016-2017      Title: **Living Well in Early Childcare Settings: Process Evaluation of a Community-Based Early Childhood Obesity Prevention Project**  
UL1 TR001450  
Agency: South Carolina Clinical & Translational Research Institute, Medical University of South Carolina  
Role: Principal Investigator  
Total Award: \$9,750
- 2016-2017      Title: **Living Well in Early Childcare Settings: Evaluating the Impact of a Community-Based Early Childhood Obesity Prevention Project**

- Agency: Furman University: NIH IDeA Network for Biomedical Research Excellence  
Role: Principal Investigator  
Total Award: \$12,500
- 2015-2016      Title: **Early Childhood Healthy Eating and Active Living Research**  
Agency: Furman University: Shi Center for Sustainability  
Role: Principal Investigator  
Total Award: \$6,890
- 2015-2016      Title: **LiveWell Greenville Research Fellows Program**  
Agency: Furman University: Shi Center for Sustainability  
Role: Co-Principal Investigator  
Total Award: \$25,000
- 2015-2016      Title: **Momentum Bicycle Clubs: Examining Interpersonal Influences on Adolescent Health**  
Agency: Furman University: NIH IDeA Network for Biomedical Research Excellence  
Role: Principal Investigator  
Total Award: \$3,500
- 2014-2015      Title: **Momentum Bicycle Clubs: Examining Interpersonal Influences on Adolescent Health**  
Agency: Furman University: NIH IDeA Network for Biomedical Research Excellence  
Role: Principal Investigator  
Total Award: \$17,500
- 2014-2015      Title: **A Mixed Methods Evaluation of Community-Based Participatory Research in Greenville, SC Houses of Worship**  
Agency: Furman University: Shi Center for Sustainability  
Role: Principal Investigator  
Total Award: \$5,000
- 2010-2014      Title: **Monitoring Food Purchases and Calorie Consumption in the United States**  
Agency: Robert Wood Johnson Foundation  
Role: Co-Investigator (Barry Popkin, Principal Investigator, University of North Carolina, Schools of Public Health and Medicine)  
Total Award: \$6,411,843
- 2011-2013      Title: **Dynamics of Child Diet**  
Agency: NIH/NICHD  
Role: Principal Investigator  
Total Award: \$40,067

2008-2009      **Title: The Interrelationships of Obesity, Motor Development and Physical Activity in Low-income, African American Toddlers**  
**Agency: Mead Johnson Nutrition**  
**Role: Co-Investigator (Linda Adair, Principal Investigator, University of North Carolina, School of Public Health and Medicine)**  
**Total Award: \$44,510**

Unfunded Research:

2017      **Title: Community-Based Obesity Prevention in Early Childhood Settings**  
**Agency: NIH IDeA Network for Biomedical Research Excellence**  
**Role: Principal Investigator**  
**Total Award: \$72,846**

**UNDERGRADUATE TEACHING RECORD**

2025-current    Furman University  
                  Intergroup Dialogue  
                  IGD 101: Bodies

2024-current    Furman University  
                  Health Sciences  
                  HSC 101: Introduction to Wellness Concepts

2024-current    Furman University  
                  MXP 275: Health and Medicine in a Global Context

2022-current    Furman University  
                  Department of Health Sciences  
                  HSC 102: Mindfulness for Stress Management and Wellness

2017-current    Furman University  
                  Department of Health Sciences  
                  HSC 465: Public Health Capstone

2015-current    Furman University  
                  Department of Health Sciences  
                  HSC 301: Fundamentals of Public Health

2015             Furman University  
                  Department of Health Sciences  
                  HSC 153: The First 1,000 Days

2015             Furman University  
                  Department of Health Sciences  
                  HSC 303: Epidemiology

2013-current    Furman University

Department of Health Sciences  
HSC 201: Research and Evaluation in Health Sciences

- 2013-current Furman University  
Department of Health Sciences  
HSC 305: Introduction to Global Public Health
- 2012 Elon University  
Public Health Studies Program  
PHS 310: Introduction to Global Health
- 2010-2011 University of North Carolina at Chapel Hill  
Department of Nutrition  
NUTR 240: Introduction to Human Nutrition

### **GRADUATE TEACHING RECORD**

- 2013 University of North Carolina at Chapel Hill  
Department of Nutrition  
NUTR 813: Nutrition Epidemiology
- 2013 University of North Carolina at Chapel Hill  
Department of Nutrition  
NUTR 800: Doctoral Seminar
- 2008-2010 Duke University Schools of Medicine and Nursing  
Women's Health Education Consultant – The Well-Woman Exam
- 2009 University of North Carolina at Chapel Hill  
Department of Nutrition  
NUTR 814: Introduction to Obesity: From Cell to Society
- 2007 University of North Carolina at Chapel Hill  
Department of Nutrition  
NUTR 813: Nutrition Epidemiology (TA)
- 2005 Tufts University School of Nutrition Science and Policy  
Department of Food Policy  
NUTR 217: Monitoring and Evaluation of Nutrition Programs (TA)
- 2009 Tufts University School of Nutrition Science and Policy  
Department of Food Policy  
NUTR 276: Determinants of US Food Policy (TA)

### **STUDENT ADVISING/MENTORING**

### **Direction of Undergraduate Research**

- 2024           Vaishnavi Bharadwaj (Public Health)
- 2023           Vaishnavi Bharadwaj (Public Health)
- 2020           Ryan O’Hara (Health Sciences)
- 2019           Laurin Bixby (Sociology)  
                Ryan O’Hara (Health Sciences)  
                Vasilios Nasoulis (Public Health)  
                Haydn McLaughlin (Public Health)  
                Eleanor Liu (Political Science)  
                Allison Boda (Health Sciences)  
                Miranda Bascetta (Health Sciences)  
                Kam Soloman (Health Sciences)  
                Jen Stephenson (Health Sciences)  
                Sarah Huemmer (Public Health)  
                Rachel Keck (Public Health)
- 2018           Jen Stephenson (Health Sciences)  
                Joanne Timberlake (Health Sciences)  
                Sean Rusnak (Health Sciences)  
                Vivian Thompson (Health Sciences)
- 2017           Miguel Negrete (Health Sciences)  
                Britt Harris (Health Sciences)  
                Kjersti Kleine (Health Sciences)  
                John Chauvin (Health Sciences)  
                Maura Drewry (Health Sciences)
- 2016           Lauren Gulley (Health Sciences)  
                Natalie Mulloy (Health Sciences)
- 2015           Sarah Clark (Health Sciences)  
                Carlee Campbell (Health Sciences)  
                Lauren Gulley (Health Sciences)
- 2014           Catherine Thurston (Health Sciences)  
                Madeline Gabor (Health Sciences)  
                Sarah Clark (Health Sciences)  
                Casey Evans (Psychology)
- 2013           Rachel Johnson (BSPH, Nutrition) “Eating and aging: Trends in dietary intake  
                among older Americans from 1977-2010” University of North Carolina at Chapel  
                Hill

### **Direction of Master's Research**

- 2012 Betsy Foster (MPH, Nutrition) "Mommy: Where do the Nutrition Facts Come From," University of North Carolina at Chapel Hill
- 2011 Emily Ford (MPH, Nutrition) "Salty snacks: How well do national nutrient databases capture the food supply?" University of North Carolina at Chapel Hill

### **Direction of Doctoral Research**

- 2025 Amber Jacobsen (MD) "Understanding weight-inclusive care: Health practices, policies and environments in Southern liberal arts colleges" University of South Carolina School of Medicine Greenville

### **SERVICE**

#### University and Department Appointments and Committees

- 2025-present Board Member, Furman Humanities Center, Furman University
- 2024-present Initiative Owner, Furman Strategic Plan
- 2024-2025 Chair, Nominating Committee, Furman University
- 2023-2024 Search Committee for Faculty Hire, Health Sciences, Furman University
- 2023-present Co-Chair, University Steering Committee on Wellbeing, Furman University
- 2023-present Restorative Practices Facilitator, Furman University
- 2022-2024 Nominating Committee, Furman University
- 2021-2022 COVID Response Committee, Furman University
- 2021-2022 COVID Summer Operations Team, Furman University
- 2021-2022 Study Away Safety Compliance and Assessment of Risk, Furman University
- 2020-2022 Public Health Safety and Advisory Group, Furman University
- 2020-2021 COVID Messaging and Education Team, Furman University
- 2017-2021 Assistant Faculty Director, Cothran Center, Furman University
- 2018-2019 Study Away Committee, Furman University
- 2017-2019 Coordinator, Public Health Major, Furman University

- 2017-2020 Public Health Major Advisory Committee, Furman University
- 2017-2019 Student Conduct Appeals Board, Furman University
- 2017-2019 Medicine, Health and Culture Minor Committee, Furman University
- 2016-2018 Integrated Four-Year Pathway Project Team, Furman University
- 2015-2018 Furman/Greenville Hospital System Development and Oversight
- 2015-2017 Women and Gender Studies Oversight Committee, Furman University
- 2014-2017 Academic Discipline Committee, Furman University
- 2014-2017 Student Conduct Board, Furman University
- 2016-2017 Public Health Major Advisory Committee, Furman University
- 2016 Community Engagement Initiative Committee on Training, Furman University
- 2015-2016 Title IX Hearing Board, Furman University
- 2014-2015 Faculty Admissions Ambassador, Furman University
- 2012-2013 Master's Committee, Department of Nutrition, University of North Carolina at Chapel Hill

### **Professional and Community Outreach**

- 2017-2021 Research Consultant, Sweet Tea Pediatric Cancer Connections Foundation
- 2015-2018 Academic Community Representative, John Snow Society, Greenville Chapter
- 2014-2017 Board Member, Piedmont Health Foundation
- 2011-2013 Program Planning Committee, The Obesity Society
- 2011-2013 Chair Elect, Epidemiology Research Interest Section, The Obesity Society
- 2010-2015 Chair, Subcommittee on mentoring, The Obesity Society
- 2009-2010 Committee Member, Early-Career Investigator Committee, The Obesity Society
- 2007-2008 Steering Committee, Nutrition Epidemiology Research Interest Section, American Society for Nutrition
- 2007-2008 Student Representative, Epidemiology Research Interest Section, The Obesity Society

- 2009 Nutrition Educator, Interfaith Food Shuttle, Durham, NC
- 2008 Consultant, Interfaith Food Shuttle, Raleigh, NC
- 2005-2006 Nutrition Educator, Operation Frontline, Boston, MA
- 1999-2001 Child Health Survival Specialist, Peace Corps, Honduras
- 1998 Breast and Cervical Health Educator, YMCA of Seattle, WA
- 1998 Health Care Access Advocate, YMCA Health Care Access Project, Seattle, WA

**Ad hoc Reviewer**

*Epidemiology*  
*American Journal of Preventive Medicine*  
*Pediatric Obesity*  
*Health and Place*  
*Pediatrics*  
*The Journal of Developmental Origins of Health and Disease*

**Memberships**

*The American Public Health Association*  
*Caucus on Public Health and the Faith Community of the American Public Health Association*  
*American Society for Nutrition*  
*The Society for Epidemiologic Research*