celebrating 30 years

Lifelong Learning Institute at FURMAN

June 6-30, 2023 | Summer Schedule



furman.edu/olli 864.294.2998

Join our learning community at Furman! Where Learning Never Retires

Summertime is fun time at OLLI @ Furman! This is a great time to try a new class, whether it's history, writing or photography. Get outside for a hike, or spend an afternoon learning about our country's founding documents. Classes this summer will be offered in three different formats. See page 10 for details. You may register online beginning Tuesday, May 9, at 8 a.m., or complete the registration form and mail it to our office. All summer courses are \$35 unless otherwise noted, Friday Bonus Events are free, and there's no membership fee for summer. Invite a friend and join us! For more information, contact us at 864.294.2998 or OLLI @ Furman.edu, or check out our website at furman.edu/olli.



Course Descriptions

Tuesday

HFE590a Kayaking is Kool

Tuesday, 8:30-10:30 a.m., Lake Robinson, IP

Want to get on the water in an exciting new way? Kayaking may be for you! All four sessions will be on beautiful Lake Robinson in Greer. Day one will concentrate on equipment, safety, fitting you to your kayak, and basic strokes with some in-water practice. In subsequent sessions, there will be more time on the water to allow you to perfect the basic strokes and gain confidence. There will also be demonstrations of more techniques to make your on-water time easier, safer, and more comfortable. Kayaks, lifejackets, and paddles will be provided. Class members should be comfortable in the water and able to lift 50 pounds (a kayak) over an uneven path from our staging area to the water. Fee: \$35 (boat permit for month due at first class).

8:30 A.M. CLASS

This course will be taught by Charlie Ennis with assistance from Greenville Sea Kayakers. Charlie is a former ARC Canoeing Instructor, a certified ACA Kayak Trip leader, and long-time OLLI instructor. Karen Baker will assist with this course.

HFE509 Gentle Walking

Tuesday, 10 a.m.-3 p.m., Meets offsite, IP

A summer gentle walking class for people who want to stretch their legs but are not quite up to hiking yet. We will visit four relatively flat walkable areas with paved trails: Furman's Swan Lake Loop, Conestee Nature Preserve, Cleveland/Falls Park and Unity Park. The walks will be about 4-5 miles at a relaxed pace. We will stop for lunch at about the 1/2 way point in each walk.

Peter Sperry is an avid hiker and walker who enjoys sharing the trails with others.

ACLM162 Guitar IV

Tuesday, 9-10:30 a.m., Herring Center, Small Arts/Crafts, (HC113), IP

This class is a continuation of Guitar III, but new folks are invited. We will learn more picking patterns, strumming patterns, tablature, the function of bar chords, bass licks, and more. Materials fee: \$5 (due to instructor at first class).

Jann Howell has a master's degree in music and will lead this course. Bill Enloe will assist with this course.

ACLM202 Life Lessons From the Twilight Zone

Tuesday, 10 a.m.-noon, Herring Center, Piper (HC111), IP

Rod Serling's "The Twilight Zone" was storytelling that stretched our minds to explore who and what we are about in the universe. The fifth dimension morality tales were often quirky and filled with plot twists that kept us guessing where imagination would take us. Each two hour session will include the screening and robust discussion of two episodes. This is not a lecture course; it is a discussion course where we will share our individual perspectives and interpretations of "The Twilight Zone."

Bill Bradshaw, retired science museum director, has a lifelong interest in space exploration. He is a frequent OLLI instructor on the topics of space and gardens. John Myers will assist with this course.

PHO1623 Lightroom Practical Workshops

Tuesday, 10 a.m.-noon, Herring Center, Computer Lab (HC104), IP

This class will entail a two-hour practical workshop each week featuring the Adobe Lightroom photographic post processing platform. The instructor will provide guidance on work-process and technique in editing images, where the entire class will work on the same image at a measured and consistent rate. Students will be expected to have

practical knowledge in the featured software; the class will concentrate in the mastery of the "Develop" module, and the instructor will provide all images for class work. Proficiency levels 2 and 3 recommended.

Jeff Sarvis is a retired architect with experience in Digital Photography Post Processing since 2002, primarily using Adobe Lightroom and Photoshop.

HFE590b Kayaking is Kool

Tuesday, 10:30 a.m.-12:30 p.m., Lake Robinson, IP

Want to get on the water in an exciting new way? Kayaking may be for you! All four sessions will be on beautiful Lake Robinson in Greer. Day one will concentrate on equipment, safety, fitting you to your kayak, and basic strokes with some in-water practice. In subsequent sessions, there will be more time on the water to allow you to perfect the basic strokes and gain confidence. There will also be demonstrations of more techniques to make your on-water time easier, safer, and more comfortable. Kayaks, lifejackets, and paddles will be provided. Class members should be comfortable in the water and able to lift 50 pounds (a kayak) over an uneven path from our staging area to the water. Fee: \$35 (boat permit for month due at first class).

10:30 A.M. CLASS

This course will be taught by Charlie Ennis with assistance from Greenville Sea Kayakers. Charlie is a former ARC Canoeing Instructor, a certified ACA Kayak Trip leader, and long-time OLLI instructor. Karen Baker will assist with this course.

ACLM148 Themes, Memes & Schemes: Music, Poetry & the Human Condition Continued

Tuesday, 10 a.m.-noon, Herring Center, Crabtree (HC110), IP

This course will be a continuation of the Spring course of the same title. We will continue to explore an eclectic selection of songs and poems (and some artwork)

from a variety of periods/genres, that are linked by a (sometimes tenuous) thematic unity. We will listen to songs, read poems, and look at works of art that illuminate something important about the human condition. We will focus primarily on themes that are related to summer. No pre-requisite for this course.

Tony Owens is a semi-retired business consultant and instructional developer with post-graduate degrees in English and American Literature and teaching experience on the undergraduate and adult-learning levels. He has previously taught OLLI courses on Bob Dylan, Characters of the Renaissance and Traditional Music.

SNM1006 I Need a Hero

Tuesday, 1-3 p.m., Herring Center, Piper (HC111), IP

Do role models really matter? A bookish kid, I grew up idealizing my favorite writers - CS Lewis, Louise Fitzhugh, PL Travers, and later, John Irving, WH Auden and Virginia Woolf. When I discovered science in college, and began working in basic biomedical research and then teaching, I also discovered some new heroes. Their exemplary stories guided my own personal and career paths. So I'd like to tell you about four stellar women of science: Mary-Claire King, Shirley Tilghman, Rita Levi-Montalcini and Bonnie Bassler – what they discovered in the lab and out, and why it mattered so much to tens of thousands of ordinary people. These are "feel-good" stories, in more ways than one! Incidentally, in the course of the course, I hope you'll share stories of your heroes, too.

Karen Aguirre is an immunologist who has taught college biology since 2003. She's most proud of her published case studies, and has two quirky grown children, two difficult dogs, and one patient husband.

ACLM194 Rusty Writers Revival

Tuesday, 1-3 p.m., Herring Center, Small Arts/Crafts (HC113), IP

It's time to act on that retirement promise - among friends. You pledged that "one day," you would take time to write, to capture those memories, to share family stories. This small class is designed for those who need writing prompts, encouragement, light grammar review, and a positive learning environment in which to practice.

Dr. Judith Chandler is a retired Furman professor, and she has taught at OLLI since its inception. She is also an artist and community volunteer.

CEB1719 Strategies for Increasing Retirement Income & Inheritance

Tuesday, 1-3 p.m., Herring Center, Huff (HC105), IP

This class will emphasize a "safetyfirst" approach to retirement income planning with strategies to increase lifetime retirement income and keep pace with inflation. You will learn how to avoid risks that are unique to early retirement, and how to "weatherproof" your portfolio from market corrections that could shorten the longevity of your retirement savings/income. You will also learn how to "squeeze more juice out of the lemon" from your portfolio without depleting your savings during your lifetime. You will learn about options available to maximize Social Security and pension benefits. Finally, we will cover a few unique tax strategies in early retirement that allow you to keep more of your income, and pass along a greater legacy to your family when you are gone.

Neal Angel serves as a financial planner and investment advisor with AngelRoyce Wealth Advisors. He has advised thousands of families as a speaker on current retirement issues, and has served as a lecturer on retirement issues at OLLI since 2013. Neal will also address tax/legal issues that today's retirees must address in order to successfully navigate the retirement income phase of life.

HFE583 Worst Case Scenarios

Tuesday, 1-3 p.m., Herring Center, Crabtree (HC110), IP

This class will reflect on nightmare scenarios that have happened which includes emergency situations that fall under four different categories. Each class will review how often, where, why and how these events occur and show what is the best practice in avoiding any harm in these circumstances. Additional information will be included to inform participants on how to prepare for these situations. Videos dramatizing these events and discussing options and preferred actions will be presented for each scenario. Guest speakers, such as police, firefighters and health professionals will be planned for most of these topics. The four classes will include:

- 1. Active shooter scenarios what to do generally and in specific circumstances as in a retail setting, a classroom situation, or in a crowded establishment.
- 2. Fire emergency in which a sudden emergency would break out. This would describe specific situations as in a home, high rise and retail or special event and how to respond to each.
- 3. Sudden medical emergencies with someone you are with and what can be done before the medical professionals show up, including, asthma attack, anaphylactic shock, cardiac arrests or diabetic events.
- 4. Weather emergencies, which would present stats on the types of weather threats experienced in this area and review specific scenarios such as tornadoes, lightning strikes, floods or wild fires.

Bob Fannin has worked in the technology industry from communication satellites to high tech project management. He has taught graduate courses or seminars in a number of subjects since 1993.

Wednesday

HFE596 Kayaking 201

Wednesday, 8:30 a.m.-noon, Lake Robinson, IP

Have you kayaked before, but want to gain some additional skills and confidence on the water? Want to get comfortable in a touring kayak with an enclosed cockpit? If so, then this class, on beautiful Lake Robinson in Greer, is for you. Session one will include a review of basic paddling technique, safety topics, and a class assessment. In subsequent classes, we will perfect your basic strokes and add some additional maneuvering skills to your toolbox as well as demonstrate and practice wet entry and team lifesaving. Our goal is to have you leave the class with added confidence in your ability to take your kayaking to the next level. Kayaks, lifejackets, and paddles will be provided. Class members should be comfortable in the water, able to swim 25 yards in a lifejacket, and be comfortable lifting 50 pounds (a kayak) over an uneven path from our staging area to the water. Fee: \$35 (boat permit for month due at first class).

This course will be taught by Charlie Ennis with assistance from Greenville Sea Kayakers. Charlie is a former ARC Canoeing Instructor, a certified ACA Kayak Trip leader, and long-time OLLI instructor. Karen Baker will assist with this course.

PAH821 Beginning Poker

Wednesday, 10 a.m.-noon, Meets online, Z

This is a beginner's class designed for people who have never played poker. We will start at the very beginning explaining the hand rankings and betting and playing rules. You will learn some very basic guidelines for determining your chances of getting certain poker hands to help in your betting strategy. We will learn some basic poker etiquette rules and will play a different variation of poker each week, including Texas Hold'em, 5 card draw, 7 card stud, and many more. This class is not designed to get you ready to play serious poker at a casino for

money, but just a chance to make all your beginner poker player mistakes and have your fellow beginners laugh right along with you! So join the class for some fun and get ready to learn so you can play a friendly poker game with friends after you graduate!

Dave Knox has enjoyed poker since high school and looks forward to teaching others a game that has so many variations.

SNM1097 How Airplanes Fly

Wednesday, 10 a.m.-noon, Herring Center, Piper (HC111), IP

The course will give students a comprehensive knowledge of how modern airliners fly. Beginning with a familiarization of various aircraft types, knowledge will be expanded with basic aerodynamics including how pilots steer and control aircraft. Jet engine theory and operation will be covered. Focus will then shift to operation of many of the key aircraft systems such as cabin pressurization, modern "glass cockpits," fly-by-wire, navigation/weather and then electrical systems. Other key areas will be discussed, such as FAA certification, abnormal/emergency operation and a high-level look at the process used to maintain aircraft.

David Kostyal had a 40-year career in the aircraft industry, starting as a licensed mechanic and instructor. He then progressed to operations management for a major airline. The majority of his career was spent managing one-of-a-kind design/build projects involving special mission aircraft.

RPH992 Judaism 101

Wednesday, 10 a.m.-noon, Herring Center, President's Conference (HC103), IP

This class will examine Judaism in all its aspects: What is a Jew - How is Jewishness defined?, What do Jews believe - Jewish theology, How do Jews live - Jewish law, holidays, observances and traditions, Where have Jews been - turning points in Jewish history, Where are they going - modern trends in Judaism. Emphasis will be on an interactive discussion-style class.

Fred Leffert is a Greenville physician with a lifelong interest in Jewish Studies. He has taught several Hebrew classes since 2000.

PAH827 Mono Printing With Gelli Plates

Wednesday, 10 a.m.-noon, Herring Center, Small Arts/Crafts (HC113), IP

Come discover the joys of mono printing with the use of a gelli plate. Besides covering techniques, the class will be discovering a variety of ways use your prints. All supplies will be provided. Materials fee: \$45 (due to instructor at first class).

Marilynn Krammes, retired educator, has been instructing a variety of art classes. She has taught art journaling since 2007.

HFE530 Walkin' and Rockin' at OLLI

Wednesday, 10-11:30 a.m., Herring Center, Crabtree (HC110), IP

Research shows that walking reduces hypertension, diabetes and chronic heart disease. It can help you sleep better, plus, BRISK walking can improve muscle fitness, strength flexibility and endurance. But, are you too short on time? Is it too hot to walk or hike outdoors? Or are you just not motivated? Try INDOOR walking with fellow OLLI exercisers in this fun program designed to increase your cardio fitness and burn fat walking to your favorite tunes. Self-paced and appropriate for all fitness levels, the program will include a warm up intro, sessions of one to three mile walks, a stretching finale and, time allowing, a short qi gong form to insure a happy and healthy day. Comfortable clothing and good walking shoes are the only required equipment.

Judith Ziemer has taught Aerobic Fitness since 1981 and T'ai Chi and Qi Gong to seniors since 2000.

ACLM261 Writers' Forum

Wednesday, 10 a.m.-noon, Herring Center, Campbell (HC004), IP

If your goal for summer is to kick up your writing skills, this is the class for you! This course will help you to create and communicate through concept development, drafting, and revision as you journey toward more effective writing skills. Structure and usage are tools for compelling prose. Writing prompts will enhance your creativity, and you will receive instructor feedback on each submission. The class features live presentation of stories and essays. Participants may also offer selections from their long-term writing projects, both fiction and non-fiction. Class size is limited so that every student has an opportunity to participate. This is NOT a class for beginners. Completion of a writing course or demonstrated experience is required.

Mary McCarthy is a community volunteer who specializes in writing for all media. Her career has spanned broadcast journalism as well as communications planning and achievement.

ACLM111 Acting & Performing

Wednesday, 1-3 p.m., Herring Center, Huff (HC105), IP

Students will learn the art of performing through monologues, scenes and improvisation. At the end of the term students will be able to put on a show. The student can either have no experience or be advanced and just want to sharpen their skills. The class is designed to satisfy all levels of performing. Acting materials will be supplied by the instructor. This is a fun class helping students with everyday situations such as public speaking and confidence in a group setting.

Francine Hachem has her master's certification from Will-O-Way Apprentice Theatre in Bloomfield, Michigan. She was the theatre director for Older Person Commission in Michigan for 15 years. Gayl Board-Rein will assist with this course.

SNM1086 Ideal Mass Collisions (Fact or Codswallop?)

Wednesday, 1-3 p.m., Herring Center, Piper (HC111), IP

For the first half of this class we will examine the classic 3-D billiard ball collision problem. The second half we will put forth a comprehensive solution to Newton's Cradle (5 steel balls suspended on a cradle). Some new ideas are going to be introduced and members of the class will be asked to represent the "Scientific Community." The class will be asked to decide if these ideas should be expanded to the scientific knowledge boundaries (a vote for Fact) or if they should be sent back to the drawing board for closer scrutiny (a vote for Codswallop or nonsense).

Alan Henderson's background is in Engineering. His fascination with engineering faded and was replaced with a deep interest in physics. Lately, Alan's sole interest is to gain a better understanding of the universe.

CEB1762 Learn, Forrest, Learn

Wednesday, 1-2:30 p.m., Herring Center, Crabtree (HC110), IP

"My momma said this OLLI course was like a box of chocolates. You never know what you're gonna get." Forrest Gump would like this course – four sessions on varying topics. You also won't know what you're gonna get until you arrive in the classroom. You might find something that you have been waiting all your life to learn. All four sessions will be in the classroom. You won't be expected to take a six-mile hike, but we will ask that you exercise your brain.

This course will be taught by a variety of OLLI instructors on a variety of subjects, each to be revealed on the day of each session.

PPG1367 What is "Whole Brain Thinking" (WBT)?

Wednesday, 1-3 p.m., Herring Center, Small Arts/Crafts (HC113), IP

Have you ever wondered why you seem to think and communicate effectively with some individuals and not others? This is the result of different thinking and communicating styles. Dr. Joan Cassidy-Huck has spent over 30 years teaching thousands of individuals the concepts of "Whole Brain Thinking (WBT)." What is "Whole Brain Thinking?" Basically, individuals have markedly different ways that they perceive and assimilate information, make decisions, and solve problems. The most widely recognized thinking styles are left-

brained preference, described as analytical, logical, and sequential, while the right-brained preference is described as intuitive, values-based, and nonlinear. The awareness of one's own thinking style and the thinking styles of others combined with the ability to act outside of one's preferred thinking style is known as "Whole Brain Thinking." Appreciation of and attention to these different "thinking styles" can literally change whether you succeed or fail in communicating, solving problems, or just in life in general. In the first session of this workshop, you will be able to assess your own thinking style using the Herman Brain Dominance Indication (HBDI). This highly validated Whole Brain Model is scientifically designed to help individuals learn to think and act better. Subsequent sessions will focus Whole Brain Technology™ to use your whole brain - not just the parts with which you feel most comfortable.

Dr. Joan Cassidy-Huck has over 30 years experience teaching and using Whole Brain Technology (WBT) and the Myers-Briggs Type Indicator (MBTI). She has an Ed.D (Human Resource and Organizational Development) from Virginia Tech.

CEB1736 Grazing Greenville

Wednesday, 4:30-7 p.m., Meets offsite, IP

This class will explore pubs/breweries in the Greenville area. The owner/manager of the various breweries will give us a history of the brewery, possibly a tour of the facilities, and inform of us any upcoming events. Then we will all sit down and enjoy dinner and beverages, at your own cost. A 20% gratuity will be added to each ticket. You won't want to miss this fun summer class!

Jacqui Foster and Janis Leidlein love exploring the food scene in the Upstate. They are avid foodies who enjoy sharing their love of good food with others.

Thursday

PHO1640 Summer Photography Excursion

Thursday, 8 a.m.-noon, Herring Center, Computer Lab (HC104), IP

The main goal of this class is to keep photographers photographing and at the same time, have them learn or improve their skills. The class will be going to some unique locations: Table Rock, Sassafras Mountain, Pretty Place, Twin Falls, and many other places. The last class will be a critique of the photos taken. Proficiency level 1, 2 or 3.

Bob Spalding has been teaching photography since the mid 70's through Clemson Extension. He has been published in various newspapers, magazines (PSA Journal, Camera in the Wild and a pending article with SC Living). Bob presents programs to various non-photography groups on his photo trips as well photo programs to various photography groups. John Bryant and Michael Smale will assist with this course.

HFE511 Bike the Swamp Rabbit Trail (SRT)

Thursday, 8:30-11 a.m., Meets offsite, IP

This course is for beginning and intermediate riders (no road racers please) of differing experiences. We will meet at one location and typically ride a leisurely hour down the trail, then turn around and ride back to our starting location. Both distance and speed will be determined by participants' abilities and experience. And, of course, we'll stop mid-ride for a snack! Requirements: recent riding experience, bike, helmet, appropriate shoes, and water.

Jess Greer enjoys riding his bike on the SRT.

HFE510 Peter's Slow Hiking: Intermediate Hikes, Slower Pace

Thursday, 9 a.m.-5:30 p.m., Herring Center, Parking Lot (rt. of Timmons) (HPL), IP

This group is for those who enjoy moderately challenging hikes but would prefer to take their time to enjoy the scenery and rest along the way. The hikes will be mostly intermediate hikes with 1-2 easy and 1-2 advanced. The target zone will be 4-8 miles with 300 - 1200 feet elevation changes (as measured from lowest to highest point on trail) but at a relaxed pace. Hikes will be chosen using All-Trails and/or South Carolina Hikes web apps based on distance, elevation change, and difficulty rating. Pace will be set by the speed of the slowest hiker and will include rest breaks after steep inclines as well as frequent photography and comfort stops. Downhill pace will be adjusted to allow hikers to avoid knee strain. Hiking locations will range from Pisgah National Forest in the North to Chattooga River in the south but will generally be within a 30-90 minute drive from Furman. Hikers should plan on starting from the trailhead 9:30 to 10:30 am and returning to the trailhead between 3:00 and 4:00 pm. This may require leaving the Herring Center parking lot as early as 8:30 am and returning as late as 5:30 pm. Every effort, except rushing the slower hikers, will be made to finish earlier but slow hiking does take longer.

Peter Sperry is an avid group and solo day hiker who enjoys challenging trails at a leisurely pace.

HIS685 Interesting Characters in History

Thursday, 10 a.m.-noon, Herring Center, Crabtree (HC110), IP

A great mix of your favorite instructors with a few new ones added - Bob Dwyer, David Gillespie, Linda Kelly and Steve Wainscott - will present a diverse selection of interesting characters. The characters will include: Archbishop John J. Hughes, James Dickey, Al Capp/Li'l Abner and Three Cousins - The Path to War: Wilhelm, Nicholas and George.

Each week a different instructor presents an all-new interesting character.

This class will have a different presenter each week.

PAH819 Explorations of the Theme -How to See Gardens

Thursday, 10 a.m.-noon, Herring Center, Piper (HC111), IP

When exploring gardens most people focus on the flowers but there is so much more to see if we just look for it. This series of four visual lessons will suggest a widening of your view by examining structure, texture, hardscape, light and shadow and other topics including garden photography. By identifying these opportunities it may also suggest possible additions to your garden. Much of the course content will be drawn from previous Friday Events presented by the instructor. Session number two will be followed by a visit to the gardens Bill and his wife have designed/ constructed on Paris Mountain just ten minutes from Furman.

Bill Bradshaw, retired science museum director, is an avid gardener. He is a frequent OLLI instructor on the topics of space and gardens. Dee Bradshaw will assist with this course.

ACLM117 These are Difficult Times: An Adventure in Rhythm

Thursday, 10 a.m.-noon, Herring Center, Huff (HC105), IP

The class will take a deep dive into the many variations and moods of the 9/8 time signature using conducting, drumming and movement to internalize the rhythm. Expect to explore how this rhythm is 'constructed' using more and less familiar classical, popular and folk tunes and to learn the cultural background of this unfamiliar rhythm as well. Music and dance enthusiasts will enjoy this class but no prior training or experience is needed.

Beth Zweigoron has practiced, studied and taught International Folk Dance since 1973. She founded Greenville International Folk Dancers and served on IFD boards in Minneapolis, Greenville and North Carolina

ACLM273 Experienced Writers Write On

Thursday, 10 a.m.-noon, Herring Center, Campbell (HC004), IP

If your goal for summer is to kick up your writing skills, this is the class for you! "Experienced Writers" will help you to create and communicate through concept development, drafting, and revision as you journey toward more effective writing skills. Structure and usage are tools for compelling prose. Writing prompts will enhance your creativity, and you will receive instructor feedback on each submission. The class features live presentation of stories and essays. Participants may also offer selections from their long-term writing projects, both fiction and non-fiction. Class size is limited so that every student has an opportunity to participate. This is NOT a class for beginners. Completion of a writing course or demonstrated experience is required.

Dr. Judith Chandler is a retired Furman professor, and she has taught at OLLI since its inception. She is also an artist and community volunteer.

HIS624 America's Founding Documents: Understanding the Declaration & the Constitution

Thursday, 1-3 p.m., Herring Center, Crabtree (HC110), IP

Most Americans have only a vague understanding of our nation's founding documents including the Declaration of Independence and the U.S. Constitution. This course is an opportunity to educate students through lectures and discussions - on the basics of the documents and history that created our country. In the first and second sessions, we will examine the philosophical roots behind the writing of these documents and an examination of the English tradition of self-government. The third and fourth classes will examine why it was necessary to have a revolution, who the Founders were, how they were influenced and the importance of both documents in our nation's founding and our system of government. We will also examine

the proposals to amend or change the Constitution and how such changes might harm the Constitution's checks and balances and other safeguards. Our examination will include a brief look at socialism and Marxist ideology.

Bill Burgess has a M.A. in history from the University of Houston. He has taught college-level courses in history and humanities at several community colleges in Delaware and at Greenville Technical College.

ACLM156 Frida Kahlo

Thursday, 1-3 p.m., Meets online, Z

The objective of this course is to gain a fuller understanding of the Mexican artist Frida Kahlo. In addition to exploring her artwork, we will read excerpts from the artist's letters, discussing how her physical challenges influenced her work, and delving into all aspects of the captivating woman behind the portraits.

Elisa Golden is a visual artist who has studied art history and holds a B.A. in Fine Arts and M.A. in Education. She exhibits her artwork in various galleries throughout the Upstate.

PAH812 Learn to Knit

Thursday, 1-3 p.m., Herring Center, Vick Seminar (HC102), IP

This course is truly for beginning knitters and those who want to learn to knit. We will learn by knitting dish towels or wash cloths depending how much knitting you do during the week. Each week we will cast on a new project to continue practicing both casting on and binding off. After you master the knit stitch we'll move on to purling and other stitches. During the class we will also discuss common errors in knitting and some of fixes. The joy of knitting small projects is you can learn the skill without investing in a large project.

Heather Buono is an internet taught knitter who has enjoyed learning new knitting skills since 2016.

SNM1063 Rise and Fall of Dinosaurs & Other Prehistoric Life

Thursday, 1-3 p.m., Herring Center, Piper (HC111), IP

The geologic record beginning with the Cambrian Period 600 million years ago contains fossils of plants and animals which over millennia evolved into more complex organisms to include dinosaurs. Two mass extinctions occurred, one which cleared the way for the dinosaurs to rise into dominance, the other of which occurred 190 million of years later caused a dinosaur apocalypse leading to their demise literally overnight. Strangely enough, some dinosaur species managed to survive the mass extinction, and their descendants live among us now. This course will begin with how fossils were created, how they were collected, and the impact they have had on our understanding of the prehistoric past. The class will learn about some of the geologic record's most fascinating stories of how prehistoric animal species, especially dinosaurs, lived and died.

As an undergraduate, Jay Gaskin was inspired by two summers of study at the Smithsonian Institution's Department of Paleontology. He has had a life-long fascination with prehistoric flora and fauna.

PAH882 Taking the Mystery Out of Interior Design

Thursday, 1-2:30 p.m., Herring Center, Small Arts/Crafts (HC113), IP

This class will provide information on the principles and elements of design to help students better understand how good design is accomplished. The study of colors, space, textures, etc. will be studied. This class will be a practical use of the information, as decorating problems will be presented by the class members and solutions provided.

For more than 37 years, Ruth Andreasen - ASID - IDS, has taught interior design and created interiors for homes and businesses in many states. She is semi-retired now and enjoys sharing her passion of design with others.

Friday Bonus One-Day Trips & Events

BTE1188 A Photographer's Paradise on Roan Mountain

June 9, 7 a.m.-7 p.m., IP

Visit 6000+ foot Roan Mountain with Seth Harrison, South Carolina Master Naturalist. Hike the Appalachian Trail as it runs along the border of Tennessee and North Carolina over high mountain balds which are rich in natural and cultural history. We will walk from Carvers Gap along the Trail to rock outcroppings and spectacular views. Natural history, photography and enjoying the summertime cool mountain breezes are on the itinerary. Bring plenty of water and snacks, dress in layers and wear appropriate hiking shoes. Distance from Furman: 3 hours. Limit 15

BTE1130 Charcuterie Boards Made Easy

June 9, 10 a.m.-noon, HC105/106, IP

This event will have both demonstration and participation as you learn about the popular charcuterie boards and are guided on how to prepare them for one person or many people. You will learn how to cut and arrange meats, cheeses, breads, and other goodies, as well as how to assemble a beautiful and appetizing board, tray, cup or platter. We will eat our creations! Cheryl Cotner, who has degrees in culinary arts and hospitality managment, will lead the class. Event fee: \$10. Limit 24

BTE1442 Tour of Forx Farm and Gouda Cheesemaking

June 9, 10 a.m.-noon or 1-3 p.m. IP

This tour of Forx Farm will include an introduction to the history of Gouda cheese, a step-by-step explanation of the process of making Gouda cheese,

learning about the equipment used to make the cheese, and a look at the Ripening Cave. Attendees will have the opportunity to purchase cheeses and other Forx Farm items following the tour. Ron and Tammy Lubsen, owners of the 68-acre Forx Farm, will lead the tour. Distance from Furman: 47 miles. Event fee: \$5. *Limit 25*

BTE1416 Tour of Table Rock Tea Company

June 16, 10-11:30 a.m. or June 23, 10-11:30 a.m., IP

Did you know we have tea grown right here in the Upstate? Table Rock tea is uniquely American tea found just around the corner from Furman in Pickens, South Carolina. Come learn how leaves from the same tea plant are processed to make Green, Oolong, and Black Tea with owners Jennifer and Steve Lorch. We will see how tea is grown from the greenhouse to mature bushes and have an opportunity to purchase tea products and tea plants. Distance from Furman: 22 miles. *Limit 45*

BTE1100 Balancing Your Life

June 16, 10 a.m.-noon, HC111, IP

Attendees will learn how to see things differently and find balance in home, work and family. You will leave this two-hour event with a different mindset and the necessary tools to find freedom, peace of mind and calmness. Learn how to shift your thinking for the better and discover your greatness! Dean Storer, known as Professor Mind Shift and leader of this event, has been overcoming challenges in business and life for more than 50 years. *Limit 40*

BTE1102 Downtown Asheville Walking Tour

June 16, 10 a.m.-noon, IP

Attendees will learn about the history, architecture, and some of the local legends surrounding Asheville. We will cover all major landmarks and also go off the beaten path to explore other more obscure sights. Attendees will receive tips on the best places to eat, drink and play for the best prices, including the places where locals hang out for free. We will discuss hidden gems that many people walk by daily without ever noticing and dive deeper into Asheville's "buy local" culture and what that means for companies who get listed as "sell-outs." Also, we will discuss stories of sabotage, controversy, and little-known success stories of previous residents. We will also check out a museum and taste local spirits from a distillery and ice cream. At the conclusion. attendees will receive discount beer tickets to taste some local brews, a map of the tour, and discounts from local businesses. This tour will be led by Jordan Doty, an experienced world-wide traveler. Tour is free, but tips are suggested. Distance from Furman: 58 miles. Limit 25

BTE1101 Well-Being of Endangered Mammals: Using Feces to Save Species

June 16, 1-3 p.m., HC004, H

The study of endangered species welfare is an emerging field that mimics, in many respects, current trends to holistically monitor human well-being, which is a state of physical, emotional, social, intellectual, and occupational wellness. The World Organization for Animal Health identifies an animal as being in a state of good well-being

if it is "healthy, comfortable, well nourished, safe, able to express innate behaviors and if it is not suffering from an unpleasant state such as pain, fear, and distress." Dr. Elizabeth Freeman, leader of this discussion, will describe the importance of biodiversity conservation and discuss studies she has conducted on the well-being of different species. She will explain how non-invasive measures, typically on feces, enable assessment of positive states of well-being within five broad domains: nutrition/feeding, physical health, environment, behavior, and mental state. By the end of her talk, you will have a greater understanding of the many ways scientists use feces to save species. Limit 150

BTE1170 The Magic of Theater - Warehouse Theatre

June 23, 1-2:30 p.m., IP

During this tour, The Warehouse Theatre's Director of Education and Community Engagement, Jay Briggs, will take you behind the scenes at a small regional theatre with a backstage tour of the physical space and a talk-through of the process of bringing locally-produced, professional theatre to life here in the upstate of South Carolina. Distance from Furman: 5 miles. *Limit 75*

BTE1105 The Wolf: Life and Legend

June 23, 1-3 p.m., HC110, IP

This is a fun, interactive and informative presentation about wolf conservation and wolves native to the United States. Learn how various wolf conservation centers work to build the foundation of support and tolerance that will allow wolves to return and thrive in their native habitat and discover their fascinating legends and behavior along with the challenges they faced years ago and continue today. Join Frank Capolupo,

former volunteer with the California Wolf Center, as he leads us through the history of wolves in North America and the efforts taking place to recover this iconic species in the wild. *Limit 100*

BTE1581 Sounds of America: Sigal Music Museum

June 30, 10 a.m.-noon, IP

Sigal Music Museum, located on Heritage Green in downtown Greenville, is home to one of the largest collections of historically significant musical instruments in the country. Our newest exhibit, "Sounds of America," will uncover stories from the founding of America to modern day, displaying a cross-section of genres, artists, and developing technologies for listening to and recording music. This tour will be led by Thomas Strange, a technologist and founding member of Maven Capacitor, SC Launch and SCBIO and is an early keyboard authority and sponsor of the "Changing Keys" exhibit at Colonial Williamsburg. Distance from Furman: approximately 5 miles. Admission fee: \$9 for adults, \$8 for seniors. Limit 30

BTE1570 Appalachian Melon Basket

June 30, 10 a.m.-2 p.m., HC113, IP

This class will complete an 8-inch square market basket in four hours. Students will begin with a basket form and complete the weaving using a variety of yarns and natural reed. We'll have fun in the process and find that basket weaving is relaxing and therapeutic! This event will be led by Fran Adams, a retired art teacher, who is a fiber artist specializing in weaving, spinning, and Appalachian egg basket designs. Materials fee: \$25. Limit 25

BTE1567 An Extraordinary Tasting Experience at Vicario

June 30, 1-4 p.m., IP

Tour the farm with Janette Wesley and explore the many herbal components grown on the farm for liqueur making with Renato Vicario, partner/owner of VICARIO. Attendees will then visit the processing area to gain a full understanding of how liqueurs are made at VICARIO. Following the tour, the group will be seated in the tasting room for a tasting of all of the liqueurs made at VICARIO. Distance from Furman: 15 miles. Event fee: \$27.

Limit 24

Save the Dates

Tuesdays: August 29, September 5 & 12, 6:30-8 p.m.

> OLLI @ Furman and The Riley Institute present

StraightTalk Summer Lecture Series "Our Fragile Democracy"

SUMMER REGISTRATION begins May 9, 2023 at 8 a.m.

Register Online furman.edu/olli OR REGISTER BY MAIL

Summer Class Calendar 2023 | June 7 - 30, 2023

CEB1719 Increasing

	Tuesday		CEDI/19	Retirement Income	ACLIVITI	Performing	гАПОТЯ	See Gardens
	HFE590a	Kayaking is Kool 8:30-10:30 a.m. (Ennis/Baker) Lake Robinson, IP Guitar IV 9-10:30 a.m. (Howell/Enloe) HC113, IP	HFE583	1-3 p.m. (Angel) HC105, IP		1-3 p.m. (Hachem/Board-Rein) HC105, IP		10 a.mnoon (Bradshaw/Bradshaw) HC111, IP
				Worst Case Scenarios 1-3 p.m. (Fannin) HC110, IP	SNM1086	Ideal Mass Collisions 1-3 p.m. (Henderson)	HIS685	Interesting Characters 10 a.mnoon (Various instructors)
	ACLM162							
			Wednesday			HC111, IP		HC110, IP
	HFE509	Gentle Walking 10 a.m3 p.m. (Sperry) HPL, IP	PHFE596	Kayaking 201 8:30 a.mnoon (Ennis/Baker) Lake Robinson, IP	CEB1762	Learn, Forrest, Learn 1-2:30 p.m. (Various instructors) HC110, IP	ACLM117	An Adventure in Rhythm 10 a.mnoon (Zweigoron)
1	ACLM202	Twilight Zone 10 a.mnoon (Bradshaw/Myers) HC111, IP	PAH821	Beginning Poker 10 a.mnoon (Knox) Z				HC105, IP
					PPG1367	Whole Brain Thinking	ACLM273	Experienced Writers Write On
Δ	PHO1623	Lightroom Workshops 10 a.mnoon	SNM1097	How Airplanes Fly 10 a.mnoon (Kostyal) HC111, IP		1-3 p.m. (Huck) HC113, IP		10 a.mnoon (Chandler) HC004, IP
					CEB1736	Grazing Greenville	HIS624	America's Founding Documents
	ACLM148	(Sarvis) HC104, IP Themes, Memes & Schemes 10 a.mnoon (Owens) HC110, IP	RPH992 PAH827	Judaism 101 10 a.mnoon (Leffert) HC103, IP Mono Printing With Gelli Plates 10 a.mnoon (Krammes) HC113, IP Walkin' & Rockin' 10-11:30 a.m. (Ziemer) HC110, IP		4:30-7 p.m. (Foster/Leidlein), IP		1-3 p.m. (Burgess) HC110, IP
					Thurs	day	۸ <i>C</i> I M156	Frida Kahlo
					PHO1640	Summer Photography Excursion 8 a.mnoon (Spalding/Bryant/ Smale) HC104, IP	ACLIVITIO	1-3 p.m. (Golden) Z
	HFE590b	Kayaking is Kool 10:30 a.m12:30 p.m. (Ennis/Baker) Lake Robinson, IP					PAH812	Learn to Knit
			HFE530					1-3 p.m. (Buono) HC102, IP
S	SNM1006	I Need a Hero 1-3 p.m. (Aguirre) HC111, IP	ACLM261		HFE511	Bike the Swamp Rabbit Trail 8:30-11 a.m. (Greer) IP	SNM1063	Dinosaurs & Other Prehistoric Life 1-3 p.m. (Gaskin) HC111, IP
				Writers' Forum 10 a.mnoon (McCarthy) HC004, IP				
ACLM		Rusty Writers Revival			HFE510	Peter's Slow Hiking 9 a.m5:30 p.m. (Sperry) HPL, IP	PAH882	Interior Design
		1-3 p.m.						1-2:30 p.m. (Andreasen) HC113, IP
		(Chandler) HC113, IP				(эрепу) нг с, п		

ACLM111 Acting &

PAH819 How to

Summer Registration Notes

1. Two ways to register starting May 9

ONLINE: furman.edu/olli

Tuesday

BY MAIL: Send the completed registration form with payment to OLLI @ Furman, 3300 Poinsett Hwy, Greenville, SC 29613.

- 2. There will be NO REFUNDS for dropped classes once Summer Session begins on June 6.
- 3. Summer courses cannot be applied toward coursepackages purchased during the 2022-2023 academic year.
- 4. Each course will be in one of three formats, indicated in the course descriptions. Those labeled "IP" are 100% in-person, those labeled "H" are hybrid (some class members in person and some on Zoom), and those labeled "Z" are 100% Zoom. Make sure you know the format of your selected course. For hybrid courses, you will register either for the in-person option or the Zoom option.

Osher Lifelong Learning Institute at FURMAN

PLEASE PRINT. Incomplete or illegible forms will be returned without being processed.

FOR OLLI OFFICE USE
Date rec'd:
Time rec'd:

June 6 - 30, 2023 | Summer Registration

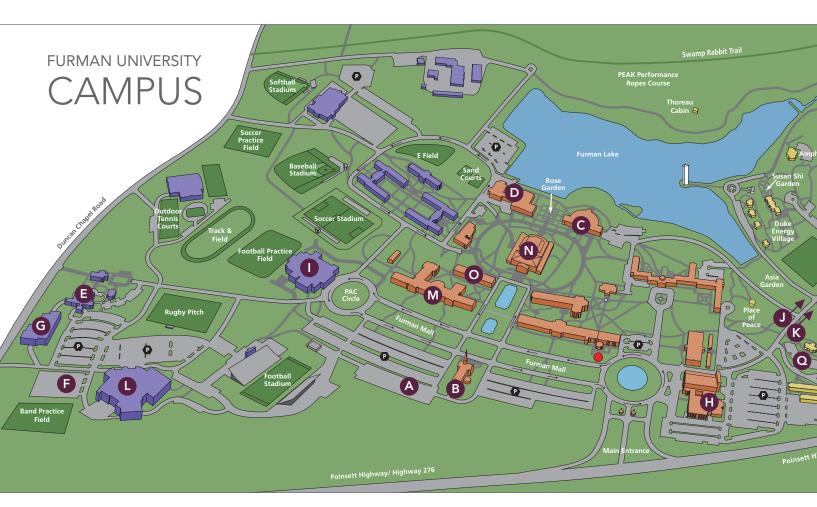
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			Contact phone:			
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Cell:						
Please re	gister me for (courses \$35 ur	less noted).				
\Box ACLM111	Acting & Performing		Taking the Mystery Out of Interior Design			
☐ ACLM117	An Adventure in Rhythm	☐ PHO1623	Lightroom Practical Workshops			
☐ ACLM148	Music, Poetry & the Human	☐ PHO1640	Summer Photography Excursion			
	Condition Continued	□ PPG1367	Whole Brain Thinking			
☐ ACLM156	Frida Kahlo	☐ RPH992	Judaism 101			
☐ ACLM162	Guitar IV	☐ SNM1006	l Need a Hero			
☐ ACLM194	Rusty Writers Revival	☐ SNM1063	Rise and Fall of Dinosaurs			
☐ ACLM202	Life Lessons From the Twilight Zone	☐ SNM1086	Ideal Mass Collisions			
☐ ACLM261	Writers' Forum	☐ SNM1097	How Airplanes Fly			
☐ ACLM273	Experienced Writers Write On		•			
☐ CEB1719	Increasing Retirement Income	Friday B	Friday Bonus Events (FREE)			
☐ CEB1736	Grazing Greenville	☐ BTE1100	Balancing Your Life			
☐ CEB1762	Learn, Forrest, Learn	☐ BTE1101a	Well-Being of Endangered Mammals (IP)			
☐ HFE509	Gentle Walking	☐ BTE1101b	Well-Being of Endangered Mammals (Z)			
☐ HFE510	Peter's Slow Hiking	☐ BTE1102	Downtown Asheville Walking Tour			
☐ HFE511	Bike the Swamp Rabbit Trail	☐ BTE1105	The Wolf: Life and Legend			
☐ HFE530	Walkin' & Rockin'	☐ BTE1130	Charcuterie Boards Made Easy			
☐ HFE583	Worst Case Scenarios	☐ BTE1170	Warehouse Theatre			
☐ HFE590a	Kayaking is Kool (8:30 a.m.)	☐ BTE1188	A Photographer's Paradise on Roan Mountain			
☐ HFE590b	Kayaking is Kool (10:30 a.m.)	☐ BTE1416a	Table Rock Tea Company (June 16)			
☐ HFE596	Kayaking 201	☐ BTE1416b	Table Rock Tea Company (June 23)			
☐ HIS624	America's Founding Documents	☐ BTE1442a	Forx Farm and Gouda Cheesemaking (10 a.m.)			
☐ HIS685	Interesting Characters in History	☐ BTE1442b	Forx Farm and Gouda Cheesemaking (1 p.m.)			
□ PAH812 	Learn to Knit	☐ BTE1567	Tasting Experience at Vicario			
☐ PAH819	How to See Gardens	☐ BTE1570	Appalachian Melon Basket			
☐ PAH821	Beginning Poker	☐ BTE1581	Sigal Music Museum			
☐ PAH827	Mono Printing With Gelli Plates					

TOTAL COURSES:____

____x \$35 = \$_

Osher Lifelong Learning Institute at Furman University

3300 Poinsett Highway | Greenville, SC 29613



Legend

- A. Chapel Parking Lot
- B. Daniel Chapel
- C. Daniel Dining Hall
- D. Trone Student Center
- **E.** Younts Conference Center
- **F.** Parking Lot for hiking groups (HPL)
- **G.** Herring Center for Continuing Education
- H. Daniel Music Building
- I. Physical Activities Center (PAC)
- J. Road to North Village, J Building & Tennis Courts
- **K.** Road to The Woodlands
- L. Timmons Arena
- M. Townes Center/ Rinker Hall/Plyler Hall
- N. Duke Library
- O. Riley Hall
- P. Parking
- Q. Police Department (Estridge Commons)

Please note that classroom assignments are subject to change. Participants will be notified of change via email or phone call.

Directions to Herring Center

Traveling north on Poinsett Hwy toward Furman University, you come to a stoplight with a Publix on your left. Take the next exit, which has a Timmons Arena & Paladin Stadium sign, to the RIGHT. TURN LEFT off exit onto Old Buncombe Rd. (follow signs to

Timmons Arena and Paladin Stadium). TURN RIGHT at traffic light onto Duncan Chapel Road. Travel approximately ¾ mile. TURN RIGHT into first Furman University gate. The Herring Center will be the first building on the left.