
Furman University July 2023 screenings

It's time to register for your annual Biometric Screening and Health Risk Assessment.

- **Tuesday, July 11, 7–10 a.m., Trone Student Center: Room #208** (register by Thursday, July 6)
- **Thursday, July 27, 7–10 a.m., OLLI/Herring** (register by Friday, July 21)

The screening will include three-month average blood sugar (HbA1c), cholesterol panel (lipids), height, weight, waist circumference, relative fat mass index and blood pressure.

Screening tips:

- Drink plenty of water the week and morning of screening to ensure you are well hydrated for the blood draw
- Fasting is encouraged eight hours before your screening appointment time (black coffee with no cream or sugar and water are allowed)
- Take your normal medications as prescribed and arrive at your scheduled appointment time

Employees and spouses will register and complete the confidential online health risk assessment via Prisma Health MyChart. See additional instructions for step-by-step details on scheduling.

Participants must use their Prisma Health MyChart account to register. Access Prisma Health MyChart [HERE](#). Use the following link to schedule your Furman University Group screening link or scan the QR code: [***Schedule my group screening appointment***](#)



Completion of this screening in July will satisfy the annual wellness screening requirement, which means participation in the fall events will not be required.

Don't have a MyChart account? Go to MyChart.PrismaHealth.org. Choose Sign Up Directly for sign-up access without an activation code. Need help? Call Screening Services, 864-797-6631.



PrismaHealth.org

