



Your quick start online resources

Manage. Learn. Track.

Manage your account online

Once you've enrolled in your plan, you'll have access to a wide range of resources to help you manage your account, learn about investing and much more.

In addition to updating personal information and signing up for eDelivery, you can also manage your investments online. Under "ACTIONS," you can:



Change how your contributions are invested

Go to [Change your investments](#)



Roll over money into your plan

Go to [Move funds into your plan](#)



Name your beneficiaries

Go to [Add/edit beneficiaries](#)

Be ready for
what's ahead.

Go to
[TIAA.org/
enroll](https://www.tiaa.org/enroll).

A few clicks can
help put you on
a path to a more
secure future.

Learn about investing and planning

Interested in learning more about retirement planning or improving your overall financial well-being? Start here.



Retirement Advisor

Go to [TIAA.org/retirementadvisor](https://www.tiaa.org/retirementadvisor) to plan for your retirement



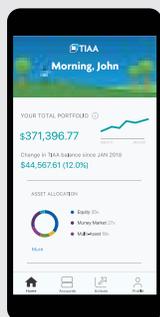
Webinars

Go to [TIAA.org/webinars](https://www.tiaa.org/webinars) to view and participate in events

Take advantage of your retirement plan with TIAA

Set goals and track your progress at TIAA.org/tools

Find more tools that can show you how your saving habits will impact your future and help you set realistic goals to get you where you want to be.



Go mobile to access your account from anywhere

Check balances, monitor your investments, talk to TIAA and more.

Download the Apple or Android app

Scan the code with your phone.



Get started today at TIAA.org/enroll

It only takes a few minutes to take control of your financial future with help from TIAA.



The TIAA group of companies does not provide legal or tax advice. Please consult your legal or tax advisor.

This material is for informational or educational purposes only and does not constitute investment advice under ERISA. This material does not take into account any specific objectives or circumstances of any particular investor or suggest any specific course of action. Investment decisions should be made based on the investor's own objectives and circumstances.

Investment, insurance and annuity products are not FDIC insured, are not bank guaranteed, are not deposits, are not insured by any federal government agency, are not a condition to any banking service or activity, and may lose value.

You should consider the investment objectives, risks, charges and expenses carefully before investing. Please call 877-518-9161 or go to TIAA.org/prospectuses for current product and fund prospectuses that contain this and other information. Please read the prospectuses carefully before investing.

TIAA-CREF Individual & Institutional Services, LLC, Teachers Personal Investors Services, Inc., and Nuveen Securities, LLC, Members FINRA and SIPC, distribute securities products. Annuity contracts and certificates are issued by Teachers Insurance and Annuity Association of America (TIAA) and College Retirement Equities Fund (CREF), New York, NY. Each is solely responsible for its own financial condition and contractual obligations.

©2018 Teachers Insurance and Annuity Association of America-College Retirement Equities Fund, 730 Third Avenue, New York, NY 10017