When it comes to your savings, stay financially strong by taking the long view

Knowing what to do about your retirement savings can be tough these days. National Retirement Security Week—from October 18 to 24—is a good time to take some action. Here are three steps you can take now to help you get through current times while moving toward the future you want.

1) **Get a savings checkup**—Find out where you stand and receive an action plan to help keep you moving toward your longer-term goals.

2) **Stay prepared for the unknown**—Build up an emergency fund to help cover unforeseen expenses and protect your savings.

3) **See what lifetime income could mean for you**—Find out how much guaranteed income you could have later by choosing lifetime income options now.*

Go to [TIAA.org/NRSW2020](http://TIAA.org/NRSW2020) for tools to help with these steps.

* Any guarantees under annuities issued by TIAA are subject to TIAA’s claims-paying ability.

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