

MANAGING DIFFICULT EMOTIONS



**A GROUP TO HELP STUDENTS
IDENTIFY AND REGULATE
DIFFICULT EMOTIONS**



Thursdays from 3:00 - 4:00 pm

Beginning March 31, 2022

Location: Furman Counseling Center Group Room

Facilitators: Pam Amatucci, LISW-CP, LCSW

Rachel Moss, Mental Health Counselor Intern

Referral required.

Please contact the Counseling Center to schedule a consultation.