



## About FIND Furman

FIND Furman is a program to support students who identify as neurodivergent who are transitioning into college life. FIND Furman seeks to support neurodivergent students in the following ways:

- Offering an early orientation experience
- Providing students with a peer mentor
- FIND Furman social events
- One-on-one coaching

It is our hope that FIND Furman will help make the transition to college a smooth one. Supports are guided by each student's needs and preferences. If you have specific concerns or goals, let us know!

FIND Furman is a program of the Student Office for Accessibility Resources (SOAR). More details about our supports are found below.

## Early Orientation

During the week move-ins take place, FIND Furman students have the opportunity to move in early and get settled before fall orientation takes place. During early orientation, FIND Furman freshmen will be paired with a peer mentor, who will show them around campus and introduce them to college life, as well as answer any questions they may have. The early orientation activities include:

- Family Dinner with SOAR staff, and tour of the Dining Hall
- Residence Hall Life Q&A with a Housing staff member
- Social events with fellow FIND Furman students
- Campus tour with a peer mentor to locate classrooms
- "What to Expect at Orientation" workshop to prepare for Orientation Weekend
- Getting connected with other supports, as needed

## Peer Mentor

SOAR will provide FIND Furman students with a peer mentor who will act as an informal guide to college life, as well as support their mentee in an casual, friendly capacity. They will show their mentee around campus during Early Orientation. Peer Mentors are students who have previously been a part of the FIND Furman program.

FIND Furman students then meet with their peer mentor on a weekly basis, whether formally or informally. They can grab dinner, a coffee, play games together, take a walk around the lake, whatever they like! Whatever their comfort level, their peer mentor is there to guide them and offer insight during the transition into college.

## If you are someone who...

- struggles with sensory overload
- finds transitions to be challenging
- has social anxiety or difficulty connecting with peers
- avoids crowds

FIND Furman might be right for you!

## Student Sensory Lounge & Social/Study Room

Located across the hall from the SOAR office in Hipp Hall, the SOAR Sensory Lounge is equipped with dimmable lighting, sound proofing, fidgets, snacks, weighted blankets and pads, a dry erase board for study, and bean bag chair.

Next door to the sensory lounge, the Study/Social Room is equipped with dry erase boards, board games, and plenty of seating.

Both spaces are open from 7am-10pm.

## Interested in FIND Furman?

If you would like to be a participant, you can contact SOAR for registration information:

- by email: [soar@furman.edu](mailto:soar@furman.edu)
- by phone: (864) 294-2320



Student Office for Accessibility Resources  
Hipp Hall 011 (Lower Level)  
(864) 294-2320

[furman.edu/accessibility](https://www.furman.edu/accessibility)



## One-On-One Coaching

FIND Furman students meet on a weekly basis with a coach throughout the year, or as needed. Our coaches use a holistic Student Success Coaching approach to support our students. During these coaching sessions, the student determines what they would like to discuss or work on. This can include, but is not limited to:

- Life skills coaching
- Academic coaching
- Social skills coaching
  - Our approach to social skills coaching is one of utilizing the student's strengths to help with navigating social interactions. We recognize the need for students to express themselves in a way that feels natural and comfortable, and avoids the need for masking.
- General advice and guidance

## FIND Furman Social Events

FIND Furman offers various social events each week. These socials are meant to be relaxed, low-key, low-obligation events to encourage students to get to know each other and build a network of connections. Social events can include:

- Game nights
- Movie nights
- Group meals
- Campus events, such as concerts and shows
- and more!

## FIND Focus Study Hall

While the SOAR Social/Study Lounge is available for students to use throughout the day, students can come during FIND Focus to build consistent study habits. FIND Furman peer mentors will be available for body doubling benefits, or for informal support. SOAR Staff are also available as needed. FIND Focus provides structure and accountability for students who may otherwise struggle to develop it on their own.

Please contact SOAR for each semester's FIND Focus schedule.

## Other helpful resources for Furman students

Furman provides all students with a number of additional support services and resources. SOAR is happy to facilitate getting connected with these services. These resources include:

- Writing and Media Lab
- Peer Assisted Learning (Tutoring)
- Trone Center for Mental Fitness (Counseling)
- Malone Center for Career Engagement
- Office of Spiritual Life
- Center for Interpersonal Connections

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