The 5 Day Test Prep

KEYS TO THE PLAN

Start early
Short, frequent sessions
Structure your time
Commit to the plan

GET ORGANIZED

Divide the material that you need to study (textbook chapters, lecture notes, PowerPoints, presentations, etc.) into 4 equal parts: A, B, C, & D. ("A" should be the oldest material covered and "D" should be the newest material covered).

For each of your 4 groups of study materials you need to select 2 to 3 of the following strategies.

"PREPARATION" STRATEGIES

- Make flashcards
- Create a study guide
- Create a concept map
- Create an outline
- Summarize class notes
- Textbook notes
- Predict test questions
- Answer chapter review questions
- Complete sample problems
- List formulas

"REVIEW" STRATEGIES

- Practice with flashcards
- Recite main ideas without notes
- Quiz yourself on predicted questions
- Recite or rewrite formulas from memory
- Complete practice problems without notes
- Explain concepts to someone else

Each day you should prepare one section of material to review on the following days. Each day (except for day one) you will review the material you previously prepared.

My four groups of study materials are:

A:
B:
C:
D:

Day 1
Prepare Part A (1 hr.);
Review Part A (30 min.);
Total: 1 hour
List Strategy Used Prepare:
Review:

Day 2
Prepare Part B (1 hr.);
Review Part B (30 min.);
Total: 1.5 hours
List Strategy Used Prepare:
Review:

Day 3
Prepare Part C (1 hr.);
Review Part C (30 min.);
Total: 1.75 hours
List Strategy Used Prepare:
Review:

Day 4
Prepare Part D (30 min.);
Review Part D (30 min.);
Review Part C (30 min.);
Review Part B (15 min.);
Review Part A (15 min.);
Total: 1.5 hours
List Strategy Used Prepare:
Review:

Day 5
Review Part D (30 min.);
Review Part C (30 min.);
Review Part B (15 min.);
Review Part A (15 min.);
Total: 1.5 hours
List Strategy Used Prepare:
Review:

Self-test!