Preparing for Final Exams

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Agenda

• Welcome
• Timeline to Finals
• Where do I start?
• 5 Day Test Prep
• Focused Study Sessions
• Things to Think About
• Questions
Timeline To Finals

• Today: November 19
• LDOC: November 20 (tomorrow!)
• No Classes: November 23-24
• Thanksgiving Holiday: November 25-27
• (Virtual) Study Days: November 30-December 1
• First Day of Finals: December 2
• Last Day of Finals: December 9
• Grades Due: December 16
Where Do I Start?

• Finals can feel overwhelming—this is normal!
• We have some time, so planning is a great place to begin.
• Think about:
  • What assignments do you have left?
  • What are the due dates?
  • What is your final exam format?
  • What time are your finals?
    • Finals are in Furman time, so if you are outside the east coast, you need to adjust!
5-Day Test Prep

• Check out our presentation on Learning Strategies
• Utilizing metacognition is key! Know the material well enough to teach it to others, not just earn a grade.
• Study early, study often.
• Follow 5-Day Test Prep as a guide.
Focused Study Sessions
Focused study sessions are designed to work with the way your brain works best; in increments.

**Plan:** Decide what you will accomplish in your study session and get started. (1-2 minutes)

**Study:** Interact with the material: organize, concept map, summarize, work problems. (30-50 minutes)

**Break:** Step away from your material to clear your head. (5-10 minutes)

**Recap:** Go back over, wrap up, check what you studied. (5 minutes)

**Choose:**
Should I continue studying? Take a break? Change tasks or subjects?
Things to Think About

• What do you need to be successful?
  • How can you set yourself up for success?
• Know what resources are out there for you:
  • Workshops
  • Handouts
  • Apps from Counseling Center
  • Academic Coaches
GOOD LUCK!

• Congratulations on getting to this point in the semester!

• Do your best, and enjoy your time off- we look forward to seeing you in the spring!

YOU CAN DO HARD THINGS!
Questions?

- [https://www.furman.edu/academics/center-academic-success/tutoring/](https://www.furman.edu/academics/center-academic-success/tutoring/) (PAL)
- [https://www.furman.edu/academics/center-academic-success/writing-resources/](https://www.furman.edu/academics/center-academic-success/writing-resources/) (WML)
- [https://www.furman.edu/academics/center-academic-success/academic-assistance/workshops/](https://www.furman.edu/academics/center-academic-success/academic-assistance/workshops/) (Old workshops)
- [https://www.furman.edu/academics/center-academic-success/academic-assistance/study-tips-resources/](https://www.furman.edu/academics/center-academic-success/academic-assistance/study-tips-resources/) (Tips and resources)