Lacrosse is a dangerous sport. Each player risks facial, severe brain, head and neck injuries that may cause paralysis or death. No helmet and faceguard can prevent all head, face or facial injuries a player may receive while participating in lacrosse. Do not use your helmet to butt, ram, spear, or strike another player. This is in violation of lacrosse rules and such use can result in severe head or neck injuries, paralysis or death to you and possible injury to your opponent. There is a risk that injuries may also occur as a result of accidental contact without intent to butt, ram or spear.

Each helmet must have a National Operating Committee on Standards for Athletic Equipment (NOCSAE) certification, but this does not mean that it is completely “failsafe”.

1. STOP use of the helmet if it is cracked, deformed, or inside padding is deteriorating
2. Check fit of helmet and faceguard; STOP use if damaged, loose or rusting
3. Do not alter helmet; do not paint helmet; clean with water only
4. Protect your helmet when not in use.
5. Snap chinstrap. Use an approved mouth guard.
6. Helmet for use only with approved lacrosse balls.

**WARNING**

Do not strike an opponent with any part of this helmet or face mask. This may cause you to suffer severe brain or neck injury, including paralysis or death.

Severe brain or neck may also occur accidentally while playing lacrosse.

NO HELMET CAN PREVENT ALL SUCH INJURIES.

YOU USE THIS HELMET AT YOUR OWN RISK.

I have read and fully understand the statements above and any questions that I may have will be answered as promptly as possible.

____________________________________________________ _______________________
Student-Athlete Signature Date

____________________________________________________ _______________________
Parent/Guardian Signature (if under 18 years of age) Date