Dear Student-Athlete:

The Furman University Athletic Department recognizes that the use of abusive drugs and alcohol is a major problem facing society today. The use and abuse of prohibited drugs and alcohol represents a danger to the health and well-being of the student-athlete.

You as a student-athlete are subject to all aspects of the Furman University Student Conduct Code, all NCAA rules and regulations concerning drug testing and the use of banned substances. In addition, you are subject to the Furman University Athletic Department Substance Abuse and Drug Testing Policy and Procedures.

Failure to follow the guidelines of the above mentioned, policies and procedures can lead to dismissal from athletic participation as well as a potential loss of any or all financial assistance by Furman University.

Attached are the current Athletic Department Substance Abuse and Drug Testing Policy and Procedures. Please review with your parents or legal guardians. Once you have reviewed the policy, please sign the attached consent forms and return with your Pre-participation packet information.

If you have any questions, please do not hesitate to contact our office.

Sincerely,

Elaine Baker

Elaine Baker, ATC, SCAT
Director of Sports Medicine/
Associate Director of Athletics
I. Introduction

The Athletic Department recognizes the abuse of alcohol, illegal drugs, and misuse of prescribed drugs is a problem that mirrors contemporary modern society. The use of prohibited drugs, alcohol, and the abuse of drugs and alcohol and other controlled dangerous substances, as well as chemical dependency to such agents, constitute a threat to the integrity of intercollegiate athletics, represent a danger to the health, welfare, and career of the Furman University student–athlete, and subject the Furman University student-athlete to exploitation. The purpose of this policy is to protect the Furman University student-athlete from the risks and dangers of alcohol and drug abuse through such measures as drug and alcohol education, drug testing, drug counseling/rehabilitation, and when appropriate, sanctions.

Furman University’s “Values and Character Statement” emphasizes the development of the whole person as a central tenet of the university’s purpose. The university is committed to providing a campus environment free of the abuse of alcohol and the illegal use of alcohol and drugs. As such, the university provides alcohol and substance abuse education programs via online resources, workshops, written materials and special programs.

II. Philosophy of Policy:

1. To educate Furman University student-athletes on the effects of alcohol and abusive drugs on their physical, psychological, and social selves.

2. To identify the chemical abuser and to provide a mechanism of counseling and rehabilitation.

3. On a departmental level, remove the stigma of drug abuse from those student-athletes who are not abusers.

4. To reassure athletes, parents, alumni, and the community that the health and academic progress of each of its student-athletes is the department’s primary goal.

III. Drug Testing:

Each student athlete is asked to sign a release/consent form (prior to beginning athletic participation at Furman University), which states that he/she is aware that urine testing for the presence of drugs is permitted and mandatory during his/her intercollegiate athletic participation.

Once the policy is signed by the student-athlete, the student-athlete thereafter will be subjected to unannounced, observed random drug testing for the presence of any prohibited drug/substance. The determination of which student-athlete will be tested and the frequency of testing shall be at the discretion of the Athletic Director, Director of Sports Medicine, and Head Athletic Trainer.

Testing for the presence of any prohibited drug by the NCAA shall be in addition to, and not in place of, any testing done by Furman University under this policy.

To ensure proper selection, collection, analysis, and chain of custody of urine samples, Furman University will contract with a predetermined drug testing provider, which utilizes a CLIA certified laboratory. A Certified Medical Review Officer will be made available by the predetermined and certified laboratory.
All drug testing results will be reported to the Head Athletic Trainer. Results will then be disseminated to the Director of Sports Medicine and Athletic Director. The Athletic Director or their designee will notify the Head Sport Coach, the parent/guardian, and appropriate university officials within Student Life of the test results and presumptive sanctions. The student-athlete will also be adjudicated through Student Life’s student conduct system and additional sanctions are probable.

IV. General Regulations:

1. The possession, consumption, sale and/or distribution of controlled and illegal substances (consistent with federal, state or local laws and NCAA rules) are strictly prohibited. Prohibited Drugs/Substances include but are not limited to:
   - *Amphetamine/Methamphetamine*
   - *Cocaine Metabolite*
   - *Marijuana Metabolite*
   - *Opiates*
   - *PCP*
   - *Benzodiazepines*
   - *Barbiturates*
   - *Methadone*
   - *Propoxyphene*
   - *Methylphenidate*
   - *Ephedrine*
   - *Oxycodone*
   - *Ecstasy*
   - *Ethanol*
   - *Anabolic Agents*

   NCAA Banned Drug-Classes:
   - *Stimulants*
   - *Anabolic Agents*
   - *Alcohol and Beta Blockers*
   - *Diuretics and Other Masking Agents*
   - *Street Drugs*
   - *Peptide Hormones and Analogues*
   - *Anti-Estrogens*
   - *Beta-2 Agonists*

2. The possession or use of prescription drugs without a valid medical prescription and use of substances for purposes or in manners not as directed is prohibited.

3. Possession, consumption, sale and/or distribution of synthetic cannabinoids, such as Spice (*also known as K2*), is prohibited.

4. Possession, consumption, sale and/or distribution of synthetic stimulants, such as "bath salts" (*also known as Cloud 9, White Dove, Hurricane Charlie, White Lightning*) is prohibited. Normal bathing salts are permitted.

5. Students may not use or possess drug paraphernalia, including but not limited to hookahs and other smoking devices, weights, scales, and rolling papers.

6. Students may not be in the presence of or contributing to the possession, sale or use of prohibited, controlled or illegal substances, to include the sharing of illegal substances or prescription medications.

7. Misbehaving or causing disruption as a result of drug use on or in university property, or at functions sponsored by the university or by a recognized university organization is prohibited.
8. Students found responsible of any offense involving the possession or sale of a controlled substance may also be deemed ineligible to receive financial aid.
9. Nutritional/Dietary Supplements are not well regulated and may cause a positive drug test. Many dietary supplements are contaminated with banned drugs NOT listed on the label. Any product containing a dietary supplement ingredient is taken at your own risk. Prior to taking any nutritional/dietary supplement, please contact your team athletic trainer or contact the Resource Exchange Center: www.drugfreesports.com/rec.

V. Drug Testing (Selection):

A student-athlete is defined as one who is listed on the athletic department squad list, which is submitted to the NCAA. Furman University student-athletes may be selected for drug testing utilizing the following methods:

1. **Random Sampling:** Student-athlete names will be randomly selected using a computer generated roster from the Drug Testing Provider contracted by Furman University.

2. **Reasonable Suspicion:** Coaches, athletic administrators, or other university officials with concerns about possible substance abuse/misuse, may request drug testing for individual student-athletes. Reasonable suspicion must be based on specific, contemporaneous, articulate observation concerning the appearance, behavior, and speech or body odors of the student athlete. Further indications that may warrant reasonable suspicion include but are not limited to the following:
   - Reduced quality of academic or athletic performance
   - Patterns of unexcused absences/tardiness from academic classes or athletic meetings
   - Inability to get along with others; excessive withdrawal or isolation
   - Decreased manual dexterity
   - Impaired short-term memory
   - Periods of unusual hyperactivity, irritability, or drowsiness
   - Presence or possession of controlled and illegal substances (consistent with federal, state or local laws and NCAA rules)
   - Presence or possession of drug paraphernalia, including but not limited to hookahs and other smoking devices, weights, scales, and rolling papers.

3. **Prior Offender:** Any student-athlete, who has previously tested positive on a prior drug screening, had past involvement in drug related activities, or has admitted to a substance abuse issue will be placed on all subsequent testing rosters until deemed unnecessary.

4. **Additional Reasons for Testing:** Team Testing, pre-season testing, postseason/championship testing, and follow-up testing. Confirmed violation of Furman’s Drug Free Campus policy will result in testing.

VI. Drug Testing (Notification):

Furman University will notify selected student-athletes for drug screenings utilizing the following:

1. The Head Athletic Trainer or their designee from the Furman University Athletic Department will contact the selected student-athlete no sooner than 24 hours prior to the scheduled testing time. Notification will include testing date, time, and location.
2. The Head Athletic Trainer or their designee from the Furman University Athletic Department will contact the selected student-athlete in person requesting immediate presence at the drug testing site.

Failure to appear at the designated time for testing or tampering with a sample in any way will result in a positive result and the sanctions that accompany whether it’s a first, second, or third offense. If the student-athlete leaves the site prior to completion of the test, the test will be considered positive. The student-athlete will also be adjudicated through Student Life’s student conduct system and additional sanctions are probable.

VII. Disciplinary Sanctions:

First Violation:
Positive Drug Test or student-athlete’s refusal to provide a urine sample upon notification
A confirmed violation of the Drug Free Campus policy

1. The Athletic Director, Head Athletic Trainer, Director of Sports Medicine, Head Sport Coach, Parents/Guardians, and Student Life university officials will be informed of all positive drug testing results (including NCAA drug tests).

2. The student-athlete will be suspended from his/her sport activities (all team practices, games, individual, and lifting/conditioning sessions) for no less than 30 days. The suspension will begin immediately upon notification of a positive drug test and/or a confirmed violation of the Drug Free Campus policy.

3. The student-athlete may be permitted to attend study hall, educational sessions, and any additional life-skill sessions conducted within the athletic department. The student-athlete must be enrolled as a full-time student during the traditional fall and spring semester of the suspension year.

4. The student-athlete may be tested at any time during the suspension period. The costs of these tests are the responsibility of the student-athlete.

5. Upon serving the 30 day suspension and having a negative drug screen, the student-athlete may be reinstated to his/her team at the discretion of the Head Sport Coach and Athletic Director.

6. If following a first violation, further drug testing reveals an increase of any prohibited drug/substance, such an increase shall be deemed a second violation. If testing reveals another prohibitive drug/substance, this shall also be deemed a second violation. If during the suspension, the student-athlete violates the Drug Free Campus policy, this shall also be deemed a second violation.

7. During the suspension, the student-athlete will be required to attend assigned accountability sessions with his/her Head Sport Coach and the university’s Alcohol and Drug Education Coordinator. These sessions will be scheduled through the office of Student Life. The Athletic Director maintains the authority to enforce additional penalties, which may include, but are not limited to:
   - Dismissal from team
   - Cancellation of all or part of any room and/or board provided by Furman University
   - Cancellation of all or part of any grant-in-aid provided by Furman University
   - Cancellation of all or part of any other benefits provided to the student-athlete by Furman University including tuition, books, and the like

8. The student-athlete will also be adjudicated through Student Life’s student conduct system and additional sanctions are probable.
Second Violation:
Positive Drug Test or student-athlete’s refusal to provide a urine sample upon notification
A confirmed violation of the Drug Free Campus policy

1. The Athletic Director, Head Athletic Trainer, Director of Sports Medicine, Head Sport Coach, Parents/Guardians, and Student Life university officials will be informed of all positive drug testing results (including NCAA drug tests).
2. The student-athlete will be suspended from his/her sport activities (all team practices, games, individual, and lifting/conditioning sessions) for no less than 90 days. The suspension will begin immediately upon notification of the positive drug test and/or a second confirmed violation of the Drug Free Campus policy. This suspension cannot be served concurrently with any academic suspensions imposed by the office of Student Life.
3. The student-athlete may be permitted to attend study hall, educational sessions, and any additional life-skill sessions conducted within the athletic department. The student-athlete must be enrolled as a full-time student during the traditional fall and spring semester of the suspension year.
4. The student-athlete may be tested at any time during the suspension period. The costs of these tests are the responsibility of the student-athlete.
5. Upon serving the 90 day suspension and having a negative drug screen, the student-athlete may be reinstated to his/her team at the discretion of the Head Sport Coach and Athletic Director.
6. If following a second violation, further drug testing reveals an increase of any prohibited drug/substance, such an increase shall be deemed a third violation. If testing reveals another prohibitive drug/substance, this shall also be deemed a third violation. If the student-athlete during the suspension violates the Drug Free Campus policy this will be deemed a third violation.
7. During the suspension, the student-athlete will be required to attend assigned accountability sessions with his/her Head Sport Coach and the university’s Alcohol and Drug Education Coordinator. These sessions will be scheduled through the office of Student Life.
8. The Athletic Director maintains the authority to enforce additional penalties, which may include, but are not limited to:
   - Dismissal from team
   - Cancellation of all or part of any room and/or board provided by Furman University
   - Cancellation of all or part of any grant-in-aid provided by Furman University
   - Cancellation of all or part of any other benefits provided to the student-athlete by Furman University including tuition, books, and the like
9. The student-athlete will be adjudicated through Student Life’s student conduct system and additional sanctions are probable.

Third Violation:
Positive Drug Test or student-athlete’s refusal to provide a urine sample upon notification
A confirmed violation of the Drug Free Campus policy

1. The Athletic Director, Head Athletic Trainer, Director of Sports Medicine, Head Sport Coach, Parents/Guardians, and Student Life university officials will be informed of all positive drug testing results (including NCAA drug tests).
2. The student-athlete will be dismissed from his/her team and permanently suspended from further participation in Furman University Intercollegiate Athletics. Dismissal also results in the following:
• Cancellation of all room and/or board provided by Furman University Athletics
• Cancellation of all grant-in-aid provided by Furman University Athletics
• Cancellation of other benefits provided to the student-athlete by Furman University including tuition, books, and the like

3. The student-athlete will also be adjudicated through Student Life’s student conduct system and additional sanctions are probable.

**Additional Conditions and Regulations:**

Suspensions will be carried over to the next semester, if there are fewer than 30 days of mandatory team activities remaining in the current semester. Violations which occur during Summer Sessions will result in immediate suspension for the remainder of the summer period and will not count toward the 30 or 90 day penalty period.

Suspension cannot be served concurrently with any injury/illness. The return from an injury/illness will be determined by a Furman University athletic trainer or team physician.

• Furman University maintains a zero-tolerance policy in regard to the use of all anabolic agents. Those agents listed as part of the NCAA list of banned-drug classes and any related compounds comprising substances that are included in the class by their pharmacological action or chemical structure. A positive drug test for an anabolic agent will result in a permanent dismissal from all intercollegiate participation with Furman University.

**VII. Drug distribution or sale of controlled, illegal or prohibited substances:**

If a student-athlete is charged with drug trafficking or a similar charge, the individual will be suspended from all athletic related activities pending the disposition of all charges. A conviction of distribution or sale of controlled, illegal or prohibited substances will result in permanent dismissal from further participation in Furman University Intercollegiate Athletics and loss of all financial aid. The student-athlete will be adjudicated through Student Life’s student conduct system and additional sanctions are probable.

**VIII. Alcohol:**

**Furman student-athletes are subject to all aspects and regulations of the University’s Student Conduct Code.**

The university recognizes that too many college students, both legally and underage, drink to excess. Such abuse can lead to serious health risks and behavioral problems, i.e. violence, sexual assault, accidents, vandalism and other dangerous acts. Furman’s alcohol policy, therefore, grows out of the commitment to maintain a campus environment that supports the educational program and promotes the general welfare of the university community. The university affirms the following ideals related to alcohol use:

1. The university supports the decision of students not to use alcohol.
2. Alcohol education is an important and on-going process which will be provided throughout the undergraduate experience.
3. Students that drink alcohol and infringe on the rights of others or disrupt the university community will be subject to student conduct action.
4. The university upholds and supports all federal and state laws related to the regulation and use of alcohol. Students who violate such laws may be held accountable by local and university authorities.

5. The university emphasizes prevention education and low-risk decision-making as cornerstones of the overall educational experience of students at the university. As such, the university provides medical and counseling assistance for individuals who experience alcohol related concerns.

6. The university supports behavior and social interactions that are legal, low-risk, healthy and reflective of the university's values and character.

**Alcohol policy:**

The purpose of the alcohol policy is to outline Furman’s expectations of responsibility and accountability regarding the use of alcohol. Ultimately, decisions about the use of alcohol are the responsibility of the individual within the constraints of the law and university policy.

1. Furman embraces the ideals of a healthy and balanced social environment in which students model the character and values of the institution.

2. The university upholds and supports all federal and state laws in regard to the regulation and use of alcohol.

3. The goal of the policy is to encourage student to either abstain from the use of alcohol or to make low-risk choices regarding the use of alcohol.

4. The residence halls are unique living units on the campus intended for large groups of students to reside without undue peer pressure related to the use of alcohol. As such, alcohol is not allowed in any of the residence halls on campus.

5. The North Village and Vining’s apartment complexes are small group living units in which those 21 years of age or older have the option to drink alcohol in the privacy of the apartments themselves, however alcohol is not allowed outside the apartments.

The regulations and practices governing the use of alcohol on the campus apply to all Furman students as well as their guests and visitors. As with all other student conduct policies, the responsibility for knowing and abiding by the policy rests with the student. Refer to the Student Handbook or the Student Life website for regulations and sanctions.

All local, state and federal laws are in effect and violations may result in student conduct action and/or local law enforcement action.

Furman student-athletes who have been found in violation of the University’s alcohol policy regulations will be subject to additional sanctions imposed by the Athletic Department at the discretion of the Athletic Director and Head Sport Coach.

Sanctions may include, but are not limited to:

- Suspension or dismissal from the team.
- Community service.
- Cancellation of all or part of any athletic financial aid.
- Cancellation of all or part of any other benefits provided to the student-athlete by Furman University.

**IX. Amendments/changes to policy:**

The “Furman University Athletic Department Substance Abuse and Drug Testing Policy and Procedures” are subject to change or amendment at any time. An attempt will be made to notify each student-athlete of any change or amendment to the policy.
X. Summary:

Violations of the “Furman University Athletic Department Substance Abuse and Drug Testing Policy and Procedures”, are cumulative such that the number of violations by the student-athlete are calculated over each student-athletes’ career, not on a yearly basis. Repetitive violations, even of a minor nature will result in more stringent sanctions.

It is the intent of the Furman University Athletic Department to provide each of its student-athletes a mechanism of promoting self-satisfaction through sports participation. The Athletic Department also intends to provide a vehicle for the realization of each student-athlete’s academic goals.