Entrance/Exit

PAC Level 1

- True CS6.0 Treadmills
- True CS550 Treadmill
- Precor C966i Treadmills

- LeMond Power Crank Stationary Bike
- LeMond Revmaster Stationary Bikes
- Stairmaster Climbmax 2
- Tectix Stair-Climber

- Precor Ellipticals
- Lifefitness Recumbent Stationary Bikes
- Lifefitness Dual Adjustable Pulley

- Concept II Model C Rowers
- Med-X Overhead Press
- Med-X Torso Arm
- Med-X Chest Press
- Med-X Row
- Med-X Seated Leg Curl
- Med-X Leg Extension
- Med-X Dual Adjustable Pulley

- Cre-Boxes 12, 18, 24, 30"
- Elite Power Med-Balls 4, 6, 8, 10, 12 lbs.
- Lifefitness Elite Power Med-Balls 12, 16, 20 lbs.
- Dynamax Med-Balls 12, 16, 20 lbs.

- Drinking Fountains
- Pecorens (Chest)
- Rectus Abdominals
- Triceps
- Calvages
- Quadiceps
- Trizeus/Upper Back
- Trapezius/Back/Shoulder
- Hamstrings
- Latissimus Dorsi/Mid Back
- Inner Thigh
- Gluteals

Cubbies

Stairway

Office

Front Desk